

RIVER '89 FOREST

INGOITS
LEAVE A

HOT

MARK

the 1990s, the number of people in the UK who are aged 65 and over has increased by 1.5 million, and the number of people aged 75 and over has increased by 1.1 million (Office for National Statistics 1999).

There is a growing awareness of the need to address the needs of older people in the community. The Department of Health (1999) has published a strategy for older people, which sets out the government's commitment to improve the health and social care of older people. The strategy is based on the following principles:

- Older people should be able to live independently in their own homes for as long as possible.
- Older people should be able to access the services and support they need to live well.
- Older people should be able to participate in the decisions that affect their lives.
- Older people should be able to live in a safe and secure environment.

The strategy also sets out a number of key objectives, including:

- To improve the health and social care of older people.
- To ensure that older people have access to the services and support they need to live well.
- To ensure that older people are able to participate in the decisions that affect their lives.
- To ensure that older people live in a safe and secure environment.

The strategy is a key document in the development of policy for older people in the UK. It sets out the government's commitment to improve the health and social care of older people, and provides a framework for the development of services and support for older people.

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the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 13.5 million, and the number of people aged 75 and over has increased from 4.5 million to 6.5 million (Office for National Statistics 2000). The number of people aged 65 and over is projected to increase to 16.5 million by 2020, and the number of people aged 75 and over to 8.5 million (Office for National Statistics 2000). The increase in the number of people aged 65 and over is due to a combination of factors, including a decline in the birth rate, a decline in the death rate, and a decline in the rate of immigration.

The increase in the number of people aged 65 and over has led to a corresponding increase in the number of people who are dependent on others for their care. In 1990, there were 1.5 million people aged 65 and over who were dependent on others for their care, and this number is projected to increase to 2.5 million by 2020 (Office for National Statistics 2000). The increase in the number of people who are dependent on others for their care is due to a combination of factors, including a decline in the birth rate, a decline in the death rate, and a decline in the rate of immigration.

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INGOTS MAKE THEIR



RIVER FOREST HIGH SCHOOL

Indiana St. & Huber Blvd. Hobart, In. 46342

TITLE PAGE



Definitely Hot

Throughout the illustrious 30 year history of River Forest High School many INGOTS have left their RED HOT MARK.

The 1988-1989 school year was certainly no exception. Winning a "FIRST-EVER" Football Sectional Championship was this year's most memorable moment.

Other red-hot memorabilia included the renovation of the Junior and Senior High. The former now sports a spectacular new gym, and the latter's business department, science labs, and outside locker room are ready for the 90's.

Academics also felt the HEAT of the year while the mighty INGOTS brought home a SEVENTH out of twenty-two in the Academic Decathlon held at Purdue Calumet.

As the question "ARE WE HOT OR WHAT?" burned in the student's minds, the answer was clear: the Ingots are "DEFINITELY HOT!!!!"





Senior **Marc Buehler** blazes through the hoop and onto the field ready for another red-hot INGOT victory.

Seniors **Jerry Sosbe** and **Jason Trusty** are caught red-handed being their mischevious little selves.



Junior **Marlene Otero** gives Senior **Jeff Muha** a friendly bear hug during lunch hour.

OPENING 3



Ingots Work On Making Their Mark

Who will leave the greatest "MARK" as they exit the remodeled halls of River Forest High School? Four unique groups share the challenge of making a lasting IMPRINT. Freshmen, Sophomores, Juniors, and Seniors each believe their class will shine long after they no longer enjoy the countless joys and frustrations of INGOTLAND.

To the SENIORS the honor of being the leaders of the 1st ever FOOTBALL SECTIONAL CHAMPIONSHIP. Memories of the excitement and thrill will forever be theirs.

Waiting in the wings are the JUNIORS who definitely have a tough act to follow, although they too shared in the victory.

Creeping up slowly, but surely are the dynamic SOPHOMORES! Word is out that they are the dream combination of brains and brawn. Watch out you JUNIORS!

The FRESHMEN class of 1988-1989 has shown some sparkle, and with a little hard work blended with some strong determination just could be that "never to be forgotten" class of 1992.

Leaving an imprint of achievement has been a molded tradition for thirty years, and who will leave the greatest MARK has yet to be decided.



Kim House and Danny D., freshman, disagree on very few subjects.



Edward C. sophomore, walks away as one of the best dribblers at RFH.





"All dressed up with no place to go," would be the most accurate way to describe the senior class.

Margarita M., junior, spends most of her lunch hour trying to get Kris to come and pick her up for lunch.



During half-time at a varsity game, the auxiliary corps show excitement during their routine.

The underclass representatives and their escorts wait patiently for their introductions.

WE ARE HOT! ARE WE NOT?

We, the Ingots, are so cool, we're *HOT*! Enjoying life in *INGOTLAND* is a *SIMMERING* adventure. If you're an Ingot you understand. We cause a *MAJOR MELTDOWN* in whatever we do. Ranging from pep sessions to sports, and from classmate study to academic competition, you can call us all around "Conference Champs." We excel in football as well as academic decathlons; we *BURNED* the "big schools." We're *HOTTER* than ever, just ask the other schools we left up in *SMOKE*.

We are just too *HOT* to handle! The annual *BONFIRE* was proof enough! The New Chicago Fire Department didn't trust our *FIERY* enthusiasm. So they escorted us to our destination, unable to leave until it was time to *EXTINGUISH* our *SPIRIT RAGING BLAZE*.

We are the *HOTTEST*! We act the *HOTTEST*! We look the *HOTTEST*, and we dress the *HOTTEST*! Ingots *BOIL* over with style. They wear the best in *RED HOT* fashions, from Guess jeans to I.O.U. sweatshirts. If you know anyone who needs a fashion consultant tell them to see a River Forest Ingot! We are *ABLAZE* with the best in dress, sports, and academic achievement. We the Ingots, are soooooo cool, we're *HOT*.



ABOVE: Jeff Muha pursues a goal. He and his teammates win the game. It was inevitable! Our red and gold colors help remind us how *HOT* we are. We take home the trophy, and all is well in *INGOTLAND*.

Mr. Tippett shows his super *HOT SPIRIT* by partying with his students at the yearly *BONFIRE*.



MIDDLE: Shane Clay and Jimmy Gill model their RED HOT clothes, while they COOL OFF with an ice cream cone.

TOP RIGHT: Mr. Detterline prepares to do seventeen push-ups as Ms. Connelly, Mr. McDaniel and the whole entire student body watches. That's what he gets for doubting the SUPER HOT INGOTS.

LOWER LEFT: Jeff Muha and Terry Wilcox do a popular "high-five" after another of the Ingots spectacular wins that left our opponent up in SMOKE.



A Blazing Good Time!



RIGHT: David Gonzalez performs with his alto sax and wins first place, many other RED HOT band students won first and second place titles along with him.

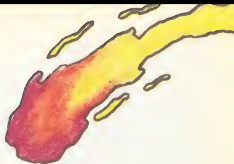




ALWAYS HOT TIMES!!!



Lettin' the heat out



How do Ingots **HEAT IT UP** in their spare time? It's not at a fire!!! Many Ingots spend their "after school" time working at various fast food places like Rax or McDonalds; clothing stores such as Merry Go Round or the Hang Up; or many other places in order to afford the things they've always desired.

Many Ingots go to the mall to spend their hard earned money on stuff they really don't need, but just want. Others spend time looking for "Mr. or Ms. Right", with that fabulous personality and look.

Going to the movies or out for dinner are some of the local activities that couples engage in during their free hours. Lots of others spend time hanging out at Stardust and Camelot with their old friends, or looking for an opportunity to meet some new.

Adventuresome Ingots travel to the "Windy City" for shopping sprees at Water Tower Place

and Bloomingdale's. The "Windy City" also lures Ingots to its many interesting historic landmarks such as: Wrigley Field, Adler Planetarium, The Art Institute, and the Magnificent Mile. Last, but not least, the City offers a spicy treat for the Ingots who are looking for "A Hot Time In The Old Town". Many Ingots fire up at places like Rockin' Roll McDonalds, Rush Street, and Hard Rock Cafe.

"Home is where the heart is", and that's where you will find Ingots heatin' it up. They spend time stading with their friends, or watching movies and eating popcorn. Many just like to sit around playing the latest games. Others cuddle up on the couch with their new love instead of going out.

Ingots have many diverse ways for spending their time away from good ole' River Forest, and they sure know how to enjoy it!



A group of senior guys try their cheerleading skills during some free time.

April Alvey smiles as she enjoys eating at McDonalds for lunch.



Tami Palmer gets ready to escape for the day.

Cathy Cragin and Stacey Lemley take a time out.





ALWAYS MAKING SPARKS!



BOTTOM LEFT: Margarita Mendez and Kris Baimakovitch dance closely together at Turnabout.





Ingots Are A Blaze In School

Academia, of course, is NUMBER ONE. But who could survive the possibility of a *BURNED OUT BRAIN* without the *FLAMES* and the fun!

Many Ingots bottle up school pressure all day long, and in one mighty *BLAST* let it all out as soon as the final bell rings.

There are a variety of ways INGOTS choose to avoid *BLAST OFF*. GUYS take the *HEAT* off their *BURNING BRAINS* by running to the gym as the lunch bell rings! Others *SIMMER* until Pep Session time where they release the tension accumulated from long hours spent studying, by shouting with all their might as they compete in class competition. The most popular way of avoiding *BLAST OFF* is sitting with a group of friends talking about the latest gossip.

Whether in school or out, INGOTS find some kind of relief, so they can continue to *IGNITE* their brains with the *FIRE* of knowledge!!!



TOP: A group of Ingots pitch in to decorate!!

BOTTOM RIGHT: Ingots gather around to gaze into the camera.



Right: After knowing the accomplishments he and his teammates had made in the homecoming game against the Rensselaer Bombers, linebacker Pete Otero walks off the field ready for yet more action.

Led by the spirited cheerleaders, the rooting crowd consisted of the inspirational parents, eager students, hopeful teachers, and wishful friends. They were the biggest backup for the team at homecoming.



Because of her ambition and accomplishments in high school, the senior class elected Tina Alfaro, homecoming queen.



Julio Concepcion was named as the Homecoming King. A new tradition added to the homecoming night festivities.

Coach Dennis Leonard patiently watches his team play from the sidelines.



Homecoming 88: What a Night!

A week of spirit and preparation ends with an everlasting night of celebration.



Marc Buehler was awarded the honor of Mr. Football. Marc's parents were given the football while he helped shut out the Bombers.

Coach Leonard's men prepare for a night of endless excitement with a shutout score of 15-0.



Homecoming has always been a special event at River Forest, and this year was no exception. With the football season off to a great start, everyone was excited by the time homecoming rolled around.

Students showed their enthusiasm by dressing up during "Spirit Week". The festivities started on Monday with punk day and continued throughout the week with 50's/60's day, college sweatshirt day, dress up day, and red and gold day.

Later in the week, students decorated the halls and made class floats with the slogan "Blast The Bombers". The Junior class won first place victories in both competitions. With this accomplishment, the juniors received many Spirit Points. A bonfire was held on the day before the BIG game. Mr. Tippet and the football co-captains **Marc Buehler** and **Pete Otero** gave pep talks about beating the bombers.

The honorary title of homecoming king was initiated in 1988 as a counterpart to the traditional homecoming queen. These titles were awarded to **Julio Concepcion** and **Tina Alfaro**. For his steadfast effort and accomplishments, **Marc Buehler** was chosen by his teammates to become Mr. Football.

The game with a 15-0 score gave never ending excitement from beginning to end. Marc Buehler scored two touchdowns during the game, one of which was an eleven yard pass from quarterback **Jeff Muha**. Pete Otero had seven solo tackles and three assists. Coach Leonard said he was very pleased with the teams success in the homecoming shutout game.

Red Hot Ingots Celebrate Homecoming

Lower Left: The 1989 Miss Ingot Spirit court was: **Mary Christakis, Dawn House, Lisa Mendez, Tami Palmer, Tina Alfaro and Lois Sikora** with their escorts.

Homecoming was a night to remember! Although victory was not achieved, a superb time was had by all. The Ingot basketball team had a terrific game, until the last two seconds. The score was tied 69 all. A foul was committed, and the Blazers were given two free shots. The game was over. They had won 71-69.

Even though we were not victorious, spirits were running high with **Tami Palmer** and **Julius Ciseneros** taking Miss & Mr. Ingot Spirit honors while **Stacey Tenorio** and **Terry Wilcox** took Ms. & Mr.

Lower Right: During a Homecoming timeout, head coach **John McDaniel** gives a few helpful hints to the awesome Ingot basketball team on how to play against the Marquette Blazers.

Basketball. All were humbled as each of their names was called. Stacey Tenorio recalled "How unbelievable it was to hear her name announced, and how it felt when she knew she had all of her teammates respect." Terry Wilcox was exceptionally proud, because last year his leg was broken and his career could have possibly been over. Tami Palmer was excited as she thanked her family for their influence, and "Juice" Ciseneros was truly shocked that his class would honor him.





Top Left: The 1989 Miss Ingot Spirit is senior Tami Palmer. Tami received a hug from friend and escort Frank Munoz.

Middle Left: Sharing the joy with a fellow senior is 1989 Mr. Ingot Spirit, Julius Ceneros.

Bottom Left: Concentrating on a free throw is Terry Wilcox, Mr. Basketball 1989.



Top Right: Stacey Tenorio receives a congratulatory hug from Miss Ingot Spirit 1988. Stacey was chosen by her coaches and teammates for the prestigious award.

Bottom Right: Paul Filla and Terry Wilcox are fully aware of their opponents moves as they play against the Marquette Blazers homecoming night.

A Moonlit



Top: Getting ready for a romantic night, **Jeremy Patterson** and **Stacy Bogdon** give a quick pose for the camera before the Turnabout.



Middle: At a "Moonlit Fantasy", **Bridget Janes** and her sweetheart for the night, **Joey Zambrana**, have a really wonderful time dancing to the D.J.'s great tunes.



Right: **Cathy Szewdo** and her date **Corey Perez** are enjoying each others company as they slow dance the night away.



Bottom Right: Caught having a wonderful time by the photographer is **Judy Wheeler**. Judy was just one of the many Ingots who sported the very latest in formal wear.



Fantasy



Heat of the Night

The highly successful Turnabout was truly an affair to remember as the Ingot Room was transformed into a "Moonlit Fantasy" of gaiety and laughter. Romance filled the air on January 28, 1989 while students arrayed in their colorful best, danced the night away to the sounds of D.J. Mike Niloef.

The colorful decor lent an air of fantasy and mystique creating a perfect combination completing the "Moonlit Fantasy" theme. Long after the music ebbed, couples gathered to continue the evening's entertainment at such regional "hot spots" as Casa Gallardo, The Spa, Winfields, and Pizza Hut.

Great fun was had by all, those who created the decor for a "Moonlit Fantasy", and those who danced the night away.



Middle; Turnabout goes Cathy Cragin and her date Pete Skoubas take some time out from dancing to decide where to dine.

Below; Tami Palmer and Davie Gonzalez pose romantically for the photographer. These two were many of the students who enjoyed the Turnabout.



STARLIT MEMORIES

... a night of romance which will never be forgotten.

It was April 29th. There was a sound which got closer and closer. Tick tick. The clock was about to strike seven. The sound grew louder. What could it possibly be? Just when there seemed to be no escape, the doors flew open, and the Marquette Park Pavillion evaporated into a "Starlit Memory," Prom '89.

There were many red and silver decorations which conveyed the theme well. There was a lot of effort put forth by the Junior Prom Committee and Sponsors. Refreshments were furnished by the Pavillion, and the music was provided by the "Musicmen." The pictures, as in the past, were taken by Midstates.

Couples sported many fashions from tails to top hats and evening gowns to four-boned hoops. Not only were the styles different, but the Prom was as well. This year twelve Juniors and twelve Seniors were selected to be on court. They selected a Prom Prince and Princess as well as a Prom King and Queen. This year's winners included Juniors, Shane Stees and Bridget James. The Senior's were Julia Concepcion and Mary Christakis.

Princess court members receive roses from their sponsor.

Jeremy Ogden and Stacy Bogden enjoy a dance together.



Karrie Jenkins, Carol Gibbs and their dates share a memorable moment.

The King and Queen take time out to dance.



Court Members



Julio Concepcion ... Mary Christakis
 Marc Buehler ... Tina Alfaro
 Jeff Muha ... Tami Palmer
 Shane Clay ... Martha Kennedy
 Pete Otero ... Lisa Mendez
 Frank Munoz ... Dawn House

Shane Skees ... Bridget Janes
 Jeff Holder ... Cathy Szwedo
 Corey Perez ... Yvonne Bonilla
 John Daniels ... Stacey Lemley
 Kerry Mefford ... Amanda Watts
 Augie Espinoza ... Jamie Drury

"Starlit Memories" was a perfect theme for Paul Filla and Susi Griffin.



Marc Buehler and Stacey Lemley are announced during the Grand March.

Julio Concepcion and Angie Westmoreland take a rest after dancing.

Jr. High King and Queen Take the Royal Throne



They Reign!

On February 10, 1989, Cupid struck, as the entire jr. high sported the very finest in formal wear while attending the annual King and Queen Dance.

The dance, which is the largest event held by the jr. high, is in honor of St. Valentine. At this dance, the jr. high select people to represent their class. **Jake Lewis, Josh Yates, Tommy Harding, Elsa Cruz, Jay Flores, Kami Bogdan and Gina Cantu** represented the seventh grade while **Trinnie Gonzales, Richie Otero, Margie Diaz, Robert Hernandez, Johnny Gutierrez, Yvette Torres, Vickie Muha and Troy Berkley** represented the eighth grade. A very large variety of music was provided by DeeJay Jim Mohl. Under the direction of Miss Kubiak and the student council, this dance turned out to be the highlight of the year.

*The 1989 reigning royalty for the jr. high are **Richie Otero** and his eighth grade queen **Margie Diaz**. Sharing the title of seventh grade queen is **Gina Cantu** and her king, **Jake Lewis**.*





*"The memory I'll cherish most
is being with my great friends and
having an awesome time at the dance."*

- Michelle Taylor

Top left: A group of young ladies and gentlemen dance to the latest tunes provided by deejay Jim Mohl. The music is just one of several factors that made the dance a success.

Above: Ivette "Dee Dee" Torres and Jay Floris caught here enjoying a slow dance together, smile and let the photographer know exactly how their evening is going: very well!



Top Right: Ruthie Mireles, Paula House, Mark Zimmerle, Richie Otero, Michelle Taylor, Troy Berkley, and Jennifer Tarin gather around a huge heart made of balloons just to say "Happy Valentine's Day".

Above: Paula House and her date Mark Zimmerle kick back, relax, and sit this dance out. They were just a few who decided to take it easy during this song.

JR. HIGH KING/21
QUEEN DANCE

Having Fun at the ...

Spring Fling!

Ah! yes! "Spring Fling"! A time for Ingots to get together and have fun. A last time for Senior Ingots to have a blast with their underclassmen friends.

There were many races and contests that took place at the Spring Fling. These contests and/or races ranged from throwing the shotput and throwing water balloons all the way down to the three legged race and the pie eating contest.

The Spring Fling was sponsored by the Student Council. Mr. Hyden, Junior High teacher, was the organizer and overseer of the extravaganza. He felt the Spring Fling was a huge success. Mr. Hyden was assisted by two other teachers from the Junior High. They were Ms. Sulak and Mrs. Jamerson.

Many prizes were given to participants of the "S. F." The overall prize, though, went to the Seniors who took first place. The sophomores second, Juniors third, and Freshmen fourth.



Top: With many other victories, the senior class is fighting for their chance to win the tug-of-war contest that was performed at the Spring Fling.

Bottom: The water balloon toss was great fun for those who participated. This was the first step out of many steps that had been taken further and further apart.



Our principal, Mr. Tippett, was also involved with some of the preparations of the Spring Fling.



Top: **Cathy Szewdo** shows off her messy face after she placed third in the Pie eating contest.

Middle: **April Alvey** and **Junior Pavy** share a fun time at the Spring Fling as they give the photographer a quick pose for the camera.

Bottom: Senior **Julio Concepcion** tries his best for the first place prize in the pillow case race that was one of the easier races of the "SF".

Our PEOPLE Are As



Jennifer Loving and Jennifer Bowers are caught off guard eating the most fantastic and suprisingly fun school lunch.



One of the more unique teachers of the school, Mr. J. Ronald Hughes, strikes one of his more familiar phrases: "Don't I look like a stud?"



HOT As An Ingot

During the school year, students at River Forest looked and acted much like other high school students.

Often they relaxed to the new sounds of Paula Abdul, REM, Escape Club, and Guns and Roses.

Weekends were often spent going to parties, lying on

the beach, shopping at the mall, or seeing a new movie. Fashion statements were made with bandanas, mini-skirts, Cavaricci's, cardigans, and bolo ties.

*They pursued and excelled in such talents as musically to athletically and academically to socially. Mostly, they possessed the ability to come together as one fired up student body, and help each other in any way they could. Whether it be the teachers, administration, or students a helping hand was always there to lend. All of our people were there to fill the stands at football games and basketball games, cheering on their fellow Ingots, as well as decorating lockers and hallways, and participating in pep sessions that brought out the true **NOT PEOPLE** of River Forest Jr/Sr. High School.*



Not always is it the students choice to sit in the hallway but the teachers demand, for example Luis Burgos sits in one of his more common hangouts of the school day.

School Board and Administration



The 1988-1989 School Board consisted of Kathy Bryant, Board Member; Jo Ellen Breese, Vice President; Peggy Chnupa, Superintendent; Herbert Warren, President; Lois Baker, Board Member; and Geraldine Petruska, Secretary.

The school board acted on several policies this year. For example, several grants were approved. Mrs. Breese suggested the "Golden Ingot Pass" for senior citizens. This pass will enable them to come to any school sponsored event, such as games, band concerts, or choir concerts, free of charge. There is also no charge for this pass.

The School Board presented the Joseph R. Kasper Service Award, a first time award, to River Forest Elementary Library Clerk Helen Skalik. The award was in honor of Joseph Kasper, who was on the first board of trustees.

The School Board also granted permission for the first-ever Senior Lock-In and honored the 1989 State Champion River Forest Jazz Band at a meeting in March.



**Peggy
Chnupa
Superintendent**

**Dr. Judith
Najib
Asst.
Superintendent**



FLAMMIN' ADMINISTRATION

When most students roll into the parking lot about 7:45, and others are still at home lying in bed, Mrs. Paradine, Mrs. Radcliff, and Mr. Tippet are already hard at work. We all know how busy school activities can keep us, but don't forget that Mr. Tippet attends all school activities to back his INGOTS as well as seeing that Ingotland runs smoothly and efficiently each day.

If you want to know just how much money in debt you are, of course, Mrs. Grusak is there to tell you detail by detail how much you owe and what you owe it on. If by chance you don't have your debts paid off by report card time, which seems to come around sooner then expected, you, of course, will not receive one.

On the other hand, if you just want a welcoming "HELLO" or some good advice, you can always stop by the Guidance Office. Dr. Wright and Mrs. Sapper will always be there if you ever need anyone to talk to, or even if you are just bored with the every day classroom life.



Left: Dr. Wright and Mrs. Sapper show off their "HOT" smiles. above: Mrs. Paradine, Mrs. Grusak, and Mrs. Radcliff gather to talk about the "HOT" gossip.

above: Mr. Tippet sits to take some "HEAT" off.

THE HOT JUNIOR HIGH ADMINISTRATION!



John L. Edelmann

*Junior High
Principal*



Fay Iorio

*Junior High
Counselor*



Donna Locastro



Rachel Nicoloff

*Junior High
Office Secretary*

*Junior High
Guidance Office Secretary*

Flaming Faculty Flaming

Our Faculty Has Fiery Dedication



M. Bencie
P. Broda
N. Jamerson
H. Rivera

P. Hunt
N. Petruska
C. Needham

New Teachers, Sparks Fly

Remember the feeling you got in 7th grade when everything was so unfamiliar? All the new kids, and strange surroundings created that warm, queasy feeling in your stomach that went away when you knew you had been accepted.

Well this year we have with us **Mr. Spore**, who teaches

chemistry and Jr. High science, **Mr. Hyden**, who teaches Jr. High mathematics, and **Miss Sulak**, who teaches High School physics and Jr. High Science, and we are glad that they have decided to join our Ingot family, where everyday something hot and exciting happens. Being new

teachers this year doesn't seem to phase them a bit. They are great teachers and have been accepted well. We hope they continue to teach here and are satisfied with the warmth we generate towards them. Our Ingot family is a warm one and we hope it will keep growing.



Faculty Flaming Faculty

A. Bromberg
A. Dettlerline
K. Hooks
T. Hontz
N. Keller



M. Klimish
D. Kubiak
D. Muir
P. Murray
K. Sulak



P. Waluk
B. Whiting
K. Whiting



Our Teachers display warmth

River Forest teachers have always displayed warmth to our students. They are continually there to help the students whether it's with homework, personal problems, or to hear the latest gossip.

Our teachers are very friendly to everyone, and most of them are willing to stay those extra hours to help in any way possible. Their after hours contributions include staying after school to help with an assignment, sponsor a class, or coach an athletic or academic team (with as much or maybe more

dedication than the players). And the contributions that are appreciated most are the ones uncalled for.

As our faculty gets bigger, it gets better and brighter. Everyone benefits from excellence. River Forest has always had the best in students and faculty. As Ingots, we couldn't ask for more, because we already have the best.



Can't do Without . . .



Preparing an enticing lunch, the cooks of River Forest get ready to serve the "dish of the day" for some of the elementary students.

Some of the custodians say "Another hard days work" as they gather together and show off their smiling faces for the photographer.



Cooks

Hot lunches are one of the most important jobs performed by the food staff here at River Forest High School. Were it not for the school lunch, this school wouldn't be what it is today. After all, lunch is a time for Ingots to get together and talk about all the things that went on during the day, and without that, this school just wouldn't be the same.

Custodians

There are also other important jobs performed by workers of River Forest, and those are the jobs of the custodians. A lot of their jobs are unknown by the students. These jobs include unlocking the school in the morning, keeping the halls clean, and many more things. There are many things that go on before, during and after school that we are unaware of.

WHAT A



REMARKABLY



HOT YEAR



SENIORS RULE

WE'RE TOO HOT



WE'RE COOL!

Here comes June 5, 1989

*As the end draws near seniors
recall good times . . .*

The same drawn out, neverending thought has been on the minds of all Seniors from the time they entered River Forest Senior High as Freshmen, until this last, most important year of all: GRADUATION.

In September, GRADUATION COUNT-DOWN started, but by the end of the first semester hesitancy began to brew. The thought of graduating was no longer a dream, but a reality. June 5, 1989 was now within reach. River Forest, our safe harbor, our home away from home for the past thirteen years would be gone. Seniors began to change their long, sought after dream of leaving River Forest High School forever.

Early morning Band practices, Homecoming, such and such a party at so and so's house, Turn-about Freshman year, last years Prom, all became everyday conversation from morning to the three o'clock bell. Thoughts of the freezing cold nights at the Sectional games, Bonfires, dances, exams, report cards. How could we leave it all behind?



34 SENIORS



Left: Seniors Lisa Mendez, Tami Palmer and Nina Soboleski show that their idea of work in school does not end at the bell.

Above: One could hardly tell the difference in the height of Paul Filla and Lisa Mendez.



A group of seniors sit patiently waiting for one of their last pep sessions to begin.

Band members D. Evans, D. Gonzalez, J. Lopez, J. Concepcion, and L. Remus show it's not all play.



You know your classmates have been struck with Senioritis when . . .

- ... Tami Palmer ditches a day of school.
- ... Dina Petroff blows off an assignment.
- ... Mary Christakis is sent to Mr. Tippet with a referral.
- ... Shane Clay quits flirting with the junior high.
- ... Julio Concepcion quits singing all day.
- ... Paul Filla flunks out of trigonometry.
- ... Derak Ranke comes to school.
- ... Jerry Butler stops smiling.
- ... Tony Lyons agrees with teacher on one point.
- ... Lisa Mendez wears sweats.
- ... Terry Wilcox quits playing basketball.



A group of seniors still full of fun and good times pose proudly on the stairs together.

Tina Alfaro



Cheerleading 7-11; Student Council 9-10; Yearbook 11; Homecoming Court 9-12; Homecoming Queen 12; S.T.D. 9

April Alvey



Student Asst. 11-12; Band 8-11, 12; Yearbook 12; Pep Band 12; Honor Society 9-10; Honor Roll 11-12; Student Council 9-10; Volleyball 10

Stacy Bastin



Pam Buchanan



Marc Buehler



Basketball 7-11; Track 7-8; Football 8-12; N.W.H.C. Honorable Mention 10; All Area Honorable Mention 12; "Mr. Football" 12; Baseball 9-12; N.W.H.C. Honorable Mention 10-11

Mike Burton



Football 9, 12; Golf 9, 10, 12; Linebackers 9-12; Girls Volleyball 11; Volleyball 11; Linebackers 9-12 (Champs 87-88)

Jerry Butler



Football 11-12; Perfect Attendance 7-12

Scott Cantu



Football 9-12; Baseball 9-12; Basketball 9-11; Band 9-12

Corey Childs



Aux. Corps. 11-12; Student Council 7-10; Yearbook 11; FHA 8-10; FHA V.P. 10; Pep Band 9-10; Marching Band 9-10; Wind Ensemble 11; Great Books 7-8; Who's Who 12; Speech Club 11

Mary Christakis



Newspaper 9-12; Editor of Newspaper 11-12; FHA 10-12; Student Council 9-12; Treasurer of Student Council 10; Choir 9-10

Julio Cisneros



Baseball 9-12; Wrestling 9-12; Co-Captain of Wrestling 12; Jets 12; Class V.P. 12; Student Council Treasurer 12; Who's Who 12

Stephen Clay



Basketball 9-12; Football 9, 11, 12; Golf 9-12; Track 12; FCA 10-11

Julio Concepcion



Wind Ensemble 9-12; Jazz Band 10-12; Pep Band 9-12; State Ens. 11; State Jazz 11; State Solo 10-11; Wrestling 10-12; Football 9-12; Intra. Basketball 10-12; Baseball 9-12; All Conf. Baseball 11; M.V.P. Baseball 11; Who's Who 11; Homecoming King 12

Donald Cook



Baseball 9-12; Football 9-12; Basketball 11; Intra. Basketball 9, 10, 12; FHA 12; Band 9-10; Juror 12; All Conf. Baseball 11; M.I.P. Baseball

Gerald Crane



Barbara Daniel



FHA 12; Library Assistant 10-12

Mike Davaney



Wrestling 9-12; Co-Captain
of Intramural Basketball 11;
Football 7; Most Improved
Wrestling 9

Daniel Dwyer



Wrestling 9-12; Intramural
Basketball 9-12

Donald Evans



Wind Ensemble 9-12; Foot-
ball 9; Wrestling 12; Jazz
Band 10-12

Glenn Evans



S.T.P. 9; Golf 9, 10, 12

Paul Filla



S.T.P. 9; Basketball 10-12;
Honor Society 10-12; JETS
10-12; Newspaper 11-12;
Who's Who; Boys State
Candidate 11; Student Asst. 11-12

Maria Fuentes



S.T.P. 9; Auxiliary Corps. 10-11; A.A. Capt. 12; Junior
Class Treasurer; Honor Soci-
ety 11-12; Academic Decath-
lon 11-12; Who's Who; Stu-
dent Asst. 12; I.T.E.C. 11

David Gonzalez



Tennis 9-12; Wind Ensemble
9-12; Jazz Band 9-12; Pep
Band 9-12; Intramural 10-12;
Student Asst. 11-12; State
Solo 10-12; State Ensemble
11; State Jazz 11

Theresa Groover



Suzanne Haskins



Devon Henry



Denise Hoobay



Dawn House



Cheerleading 7, 10; Basketball 8, 9; Volleyball 9; Track 9-10; F.H.A. 9-10; Student Council 9; Band 7-11

Volleyball 9; Track 9, 12; Basketball 11-12; Pep Club 9-10; F.H.A. 12

Track 7-12; Volleyball 7-11; Basketball 7-11; Band 7-12; Pep Band; Honor Roll 8-12; F.C.A.; F.H.A.; Student Council; Class Rep. 9; Club State

Cheerleading 7-12; Basketball 7-10; Student Council 9-11; Homecoming Court 12; F.C.A. 10, 11; F.H.A. 10; Vice President 10

Justus Luffman



Jerry Jimenez



Rodney Johnson



Jeanette Kanizar



Choir 7-8; Mixed Ensemble 9-10; Glee 9-12; Student Asst. 11-12

Honor Society 11-12; Boys State Delegate 12; Who's Who 12; Intramural Basketball 10-12

Auxiliary Corp. 9-12; Mat Nurse 10; Student Asst. 12; Band 9; S.T.P. 9

Jeanette Kanizar



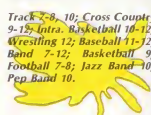
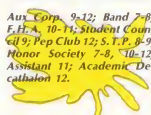
Martha Kennedy



Ann Kinser



Juan Lopez



Aux. Corp. 9-12; Band 7-8;
F.H.A. 10-11; Student Council 9;
Pep Club 12; S.T.P. 8-9;
Honor Society 7-8, 10-12;
Assistant 11; Academic Decathlon 12.

Track 7-8, 10; Cross Country 9-12; Intra. Basketball 10-12;
Wrestling 12; Baseball 11-12;
Band 7-12; Basketball 9;
Football 7-8; Jazz Band 10;
Pep Band 10.

Anthony Lyons



Penny McClaskey



Christopher Mefford



Lisa Mendez



Basketball 9-12; Cross Country 12; Homecoming Society 11; Pres Honor Society 12; Student Council 11-12; Class Pres. 11; Speech Team 11; Pep Club 12; Academic Decathlon 11-12; ITAC Competition 11-12; Spellbowl 12; Superbowl 12.

FHA 9, 10, 12; Student Assistant 10, 11-12.

Golf 9, 12; Tennis 9-12; Intra. Basketball 10-12; Band 9-12; Jazz Band 9-12; Who's Who 12; Pep Band 10-12; Academic Decathlon 11-12; S.T.P. 9; Most Improved Golf 11.

Cheerleading 7-12; Student Council 9-12; Class President 9-10; FCA 11; FHA 11; Football Homecoming Court 12; Basketball Homecoming Court 12; Student Council President 12; Basketball Manager Girls 10; Pep Club 12; Band 7; B-Ball 7-8; STP 8.

Demas Mireles



Student Council 9-10; Football 10-11

Sandra Moore



Track 9; Volleyball 9-10; Track 10; Student Assistant 10-11

Angelica Mora



Choir 7; Band 8-11; FHA 9; HHSAA 11-12; Who's Who 12

Jeffery Muka



Golf 8; Baseball 9-12; Football 7-12; Basketball 7-12; Band 12

Frank Munoz



Football 7-11; Basketball 8-9; Track 8-9; Intra. Basketball 12; Homecoming Court 12

Misty Newson



Volleyball 7-10; Basketball 7-8; YACS 7-12; Band 7-12; Wind Ensemble 9-12; Class President 12; Student Assistant 11-12

Tamara Palmer



Cheerleading 9-12; Student Council 9-12; FCA 10-11; Track 10-12; Homecoming Court 10-12; Mockwedding 10; Volleyball 11-12; Class Secretary 11; Class Treasurer 12

James Pary



Intra. Basketball 10-12

Tracy Pavy



Aux. Corps. 9-11; Mat/Maid 9-11; Yearbook 10-11; Assistant 11-12; STP 8-9; Band 9-10; Pan American Aux. Squad 10

Robert Pearman



Wrestling 10-12; Intramural Basketball 10

Dina Petroff



Aux. Corps. 10-12; Honor Society 8, 10-12; STP 8-9; Academic Decathlon 11-12; Choir 7-9; Yearbook 11; ITAC 11-12; Who's Who 12; Office Assistant 11; Great Books 8-9

Donald Phelps



Student Council 9; Track 9; Football 9-10; Life & Thon 10; Bench Press Contest 10-12

Wendy Phelps



Student Council 10-11; Track 12

Robert Pillow



Track 7-12; Cross Country 9-12; Basketball 7-9; Choir 7-12

Lisa Potts



Derak Ranke



Track 12; Band 9-11; Honor Roll 10

Lisa Remus



Yvette Rios



Tonya Schindler



Matthew Schuffert



Cheerleader 7-8; Band 8-12;
 Drum Major 10-12; Jazz Band
 10-12; Pep Band 10-12;
 Who's Who 11; Girls State
 12; Aux. Corps. 9, 11; Vol-
 leyball 7-8, 11; Yearbook 12;
 Mat Maid 8; STP 8; Stu.
 Coun. 12; Class Sec. 10-12;
 Hon. Soc. 8; Baseball Mgr. 9

Band 9, 11-12; Aux. Corps 9;
 Volleyball 9; Track 9, 12

Tennis 10-12; Baseball 9-12;
 Intramural Basketball 10-12;
 Honor Society 10-12; Who's
 Who 12; Band 8-12; STP 8-9;
 Pep Band 9-10; Assistant 11-12

James Self



Lois Sikora



William Smith



Nina Soboleski



Aux. Corps. 9-10, 12; Basket-
 ball 7-8; Volleyball 7-8; FHA
 10-11; Student Council 9-10,
 12; Secretary of Student
 Council 12; STP 9; Pan Amer-
 ican Aux. Squad; Assistant

Wayne Soboleski



Hoesier Bowl 12; ITAC 11, 12; Volleyball Manager 12; Intramural Basketball 12; Intramural Volleyball 11; Band 9.

Jerry Sasbe



Yearbook 11-12; Academic Decathlon 11-12; Speech Club 11; Student Council 10; Student Assistant 12.

Jason Trusty



J.V. Baseball 9-10; Intramural Volleyball 11-12; JCTF 11; Art Club 10-12; FCA 8-11; Yearbook 12; STP 8-9; Student Council 7-9; Honor Society 7-8; Wassail 9; Great Books 7-8.

Julisa Verduzco



Art Con. 9, 11.

Torri Weyer



Band 7-11; Pep Band 10; Assistant 11, 12.

Russel White



Terry Wilcox



Band 7-11; Basketball 7-12; STP 8-9; Tennis 10-12; Football 11; Who's Who 12; Jazz Band 11; Pep Band 9.

Sheila Williams



Gretchen Wilson

Eric Yukasz

Jose Zambrana

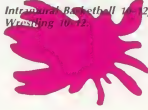
Michael Zimmer



Chorus 12; Varsity 10-12;
Volleyball 10-12; Year-
book 12.

Football 9, 11-12; Golf 9-12;
Interscholastic Basketball 9-12.

Intramural Basketball 10-12;
Wrestling 10-12.



REBELS WITH A CAUSE!!!

Unlike *James Dean* in *Rebel Without A Cause*, many Ingots are rebelling with a cause.

In 1985, Mr. Tippet accepted the principalship of River Forest High School, the Freshmen class was quite relieved by his promotion, though not surprised by the move. But a big surprise came at the beginning of this year when Mr. Tippet began to wear two hats. Not only was he the esteemed principal, but he had also been appointed the duties of the dreaded Assistant Principal.

Seniors started to notice that the things they had done in the past could not be done now. This difference was evident on the first day of school, when they ran up stairs, went

out to lunch, didn't pay attention in class, or didn't even attend class, a certain someone was always lurking around the corner. That certain someone would loudly shout, "CLEAN THE UPSTAIRS HALLWAY!!!" OR "WORK DETAIL!!!" A rebellion had begun! It was time to see who was the wiser; Seniors or Mr. Tippet.

Very quickly, many Seniors were sorry to say that they had found the answer: MR. TIPPETT! Most would now say the *REBELS WITH A CAUSE* no longer have a cause. Yet, there are those JAMES DEANS among us who always seem to find the need to challenge, even if the challenged one is much the WISER.



Senior Hall Of Flame

Future Yuppies

Dina Petroff
Paul Filla

Prettiest Eyes

Tami Palmer
John Kitchen

Class Klutz

Stacey Tenorio
Terry Wilcox

Most Athletic

Stacey Tenorio
Jeff Muha

Best Dressed

Lisa Mendez
Frank Munoz

Biggest Talker

April Alvey
Shane Clay

Class Couple

Wendy Phelps
Jerry Crane

Most Spirited

Tami Palmer
Pete Otero

Class Clowns

Tracy Pavy
Don Cook

Teacher's Pets

Mary Christakis
Julius Cisneros

Most Desirable

Dawn House
Pete Otero

Most Vocal

Martha Kennedy
Luffman Jestes

Most Popular

Tina Alfaro
Pete Otero

Most Humorous

Dawn House
Marc Buehler

Best Smile

Tami Palmer
Julio Concepcion

Class Flirts

Dawn House
Shane Clay

Most Instrumental

Lisa Remus
Julio Concepcion

Best Looking

Tina Alfaro
Jeff Muha
Frank Munoz

Most Photogenic

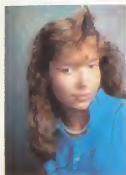
Martha Kennedy
Frank Munoz
Eric Yuhasz

Best Personality

Tami Palmer
Julio Concepcion

*Dina
Petroff*

1



*Paul
Filla*

2



*Anthony
Lyons*

3



*Matthew
Schuffert*

4



*Maria
Fuentes*

5



THE HOTTEST TOP TEN



*Rodney
Johnson*

6



*Ann
Kinser*

7



*Glenn
Evans*

8



*Julio
Concepcion*

9



*Corie
Childs*

10

TOP TEN





Friendship . . . The Spark Will Never Die

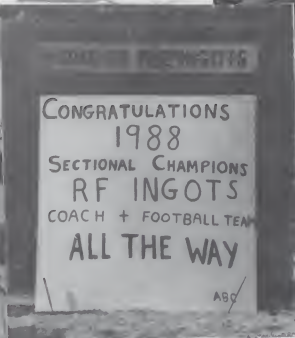
Confide in a Friend

*When you're tired and worn at the close of the day,
And things just don't seem to be going your way,
When even your patience has come to an end,
Try taking time out and confide in a friend.*

*Perhaps he too may have walked the same road,
With a much troubled heart and burdensome load,
To find peace and comfort somewhere near the end,
When he stopped long enough to confide in a friend.*

*For then are most welcome a few words of cheer,
For someone who willingly lends you an ear,
No troubles exist that time cannot mend,
But to get quick relief, just confide in a friend.*





INGOTS

NOT GOSSIP

Generation Juniors

OCCUPATIONS WHAT DO YOU PLAN TO DO AFTER HIGH SCHOOL?

... I'm going to go to college to be an accountant ...
JK

... I plan to teach elementary or special education because I love children ... SL

... I plan on being a hotel manager and eventually owning a chain of hotels in Paris ... AW

... I want to be the Georgio Marciano of the 21st century ... JAP

... I am going to go into advertising ... SD



Many students practice good habits in preparation for their future careers. **Brian Williamson** demonstrates two of the most common forms, reading and working with a computer.



Teresa Alred
 Scott Baldauf
 Chris Ballog
 Dawn Bartley
 Christy Basiak
 Charlie Baughman



Kathy Berger
 Russell Bittle
 Yvonne Bonilla
 Ann Bowen
 Jennifer Bowers
 Laura Bran



Clifton Brown
 Margaret Calderin
 Richard Cannon
 Duane Carter
 Ginger Clary
 Kier Colon



Tammy Consier
 Sherry Daniel
 John Daniels
 Tina Daniels
 Shannon Davis
 Tammy Denney



Tammy Dixon
 Jamie Drury
 Pat Dunn
 Augie Espinoza
 Leonard Evans
 Cathy Gallagher



Ray Gamble
 Ed Garza
 Carol Gibbs
 Carlton Glover
 Carmen Gonzales
 Darren Guess

Glenn Gulley
Roberto Herrera
Jeff Holder



Brian Hoobyar
Alice Howell
Bridget Janes



Koni Johnson
Julie Kelly
Stacey Lemley



Joe Liberto
Mike Losiniecki
Jennifer Loving



Jeff Holder and Augie Espinoza show their happiness of being Mrs. Turpin's prize students.

Jimmy Mansberry
Angela Manship
Don Martin



Kerry Mefford
Bill Melton
Michelle Munoz
Traci Nolon
Robert Norman
Candi Padron





Kim Page
Rodney Palmer
Jeremy Patterson



Jodi Payton
Harry Pedroza
Tara Pelfrey



Corey Perez
Christine Peters
Kris Piesyk



Kammy Podenski
Emmanuel Poulimenos
Joe Ramirez



Jeff Rodrick
Charlie Rodriguez
Dawn Saladin



Joey Shaffer
Chris Sheid
Shane Skees
Sherry Soria
Cathy Szwedo
Renee Szwedo

Choosing Your Future College

Looking forward to their graduation in two years, some juniors feel that this ceremony means their formal education is over. The majority of juniors, on the other hand, have plans to attend a college of some sort.

Fifty juniors were asked these questions: "What college would you most like to go to?" and "What college will you most likely attend?" We also asked for reasons for their choices. The college students would most like to attend is Purdue in West Lafayette. Reasons ranged from "... Because my friends go there." to "... it has a great engineering program." On the other hand, most students have plans to enroll at Ball State. The purpose for this choice is Ball State's location. The four hour drive makes it easy for students to visit home often. The more athletic juniors feel they would enjoy the sports programs Ball State has to offer. Surprisingly, UCLA with its California beaches and sunshine did not make the list. Arizona State, Miami University in Florida, Brigham Young University, and Princeton were mentioned, but not as often as the more local colleges. One junior, with a more unique plan stated she would like to attend the Gemologists Institute of America in Santa Monica, California. Good luck!!



WILL

1. Purdue
2. Harvard
3. I. U. B.
4. Notre Dame
5. Miami State

WANT

1. Ball State
2. I. U. N.
3. Purdue Cal
4. Sawyer
5. I. U. B.

Erik Thomas
Charity Thompson
Mark Vargas
Ana Verduzco
Marsha Warren
Amanda Watts



Larry Welch
Angie Westmoreland
Denise Wheeler
Judy Wheeler
Sherry Williams
Tammy Wilson



HOT GOSSIP

Scorchin' Sophomores

How did the Sizzlin' Sophomores spend their time during the long summer of 1988?

The summer is a time to enjoy one's self and let loose after a long hard year of getting up at 6:00 a.m., studying, and waiting for June 8th. The scorchin' sophomores enjoyed their summer as much as anyone else. Many sophomores spent their time vacationing in the sun, working to make money for summer nights, or just working on getting the best tan. Some also enjoyed hanging out at the pool all day, and partying on the beach all night. The smart ones spent most of their time in a cool place with air conditioning, catching up on their favorite soaps. Most of all, the scorchin' sophomores were not looking forward to the date of August 26th.



Two HOT sophomores, **Jennifer Otero** and **Sergio Dominguez**, cuddle up and show off their blazing smiles in the River Forest High school gym at lunch time. This is a popular place for students to blow off steam.

Sophomores 91

Anthony Alfano
Kris Baimakovich
Kristin Baker
Andrea Bolles
Kenneth Breneman
April Buchanan



Derek Burney
Jgeoria Carter
Anthony Cissell
Iena Click
Mellony Cole
Shawna Collet



Edward Concepcion
Veronica Cortez
Catherine Craigin
Jose Cruz
Julie Cruz
Jaun D'angeo



Denise Deiulius
Maria Deleon
Efrain Diaz
Micheal Dickson
Ryan Donohue
Stephen Douglas



Deborah Dubois
Mari Ewell



Pamela Feldpausch
Tammy Fields



A group of sophomores gather in the lunchroom to converse on the latest gossip.



Sophomores 9



Derick Burney smiles and says cheese before getting his picture taken by River Forest Photographer Jeremy Patterson.

The Sophomore Class blazes a trail for others to follow. The class of '91' strives to be the best, not only academically, athletically as well. For example, Stephen Douglas, Mike Dickson, and Kim Harper achieved a perfect 4.0 this year. Frank Diaz and Chris Shrewsbury stand out in athletics.



Sergio Dominguez lifts his head in spirit before attending the Sectional Football game during post season play for the Intergos.



Daniel Filla
Arturo M. Feuntes
Barbra Garrison
Scott Garrison
Nathaniel Gaska
Pamela Gonzales

Coleen Gryczewski
James Hand
Stacy Handley
Kimberly Harper
Carl Hennings
Jeffery Henson

Arlene Hernadez
Roberto Herrera
Eric Hoffman
Mellisa Howell
Christina Hurley
Shelly Ingram

R. Ippolito
Keith Jackson
rian Kaehler
Sean Klagstad
Micheal Kolesiak

1 Sophomores 91 Sophomores

Jonny Kyncy
Jeana Liberto
David Lobins
Geraldo Lopez
Nikki Martinez
Richard Matherly



Mellisa Mc Cugh
Luis Mendoza
Shelly Merrell
Charlotte Meyer



Jeanna Liberto, a sophomore goofs around like anyone else in the class of '91'.

Carrie Milam
Anne Marie Miranda

Michael Kolesiak shows off his handsome profile like a professional model.



M. Moser
Donna Moss

Anthony Alfano models the latest fashion known at River Forest.



A. Morris
Phillip Nafus
Micheal Newlin
Lori Newson



Allen Newhart
Tamera Norenberg
Jose Ochoa
Jennifer Otero
Carlos Pacheco
Daniel Pelfrey





**Beth Petri
Nikki Petroff
Andrew Piesyk
Sophie Piunti**

**Yolanda Ramirez
Vicki Remm
B. Retri
Marcella Reise
Bernadette Ronk
Sherry Rudolph
Bill Santmyre
Joseph Shinkle**

Sean Yuhasz poses for a picture during his gourmet lunch at the River Forest cafeteria.

**Chris Shewsburry
Peter Skobas
Rebecca Sobolski
Rich Soria
Cheryl Spanyers
Brenda Stevens**

**Tony Szparaga
James Taylor
Blake Thews
David Torres
Chrissy Vaughan
James Vickery**

**David Walker
Christine Wayne
Debra Wilson
David Yetsko
Karen Yetsko
Sean Yuhasz**

HOT GOSSIP

Flamin' Freshmen

The Survey Says ...

Favorite Movies:

For Keeps
Dirty Dancing

Favorite Groups:

Posion
Def Leppard

Favorite Songs:

Love Bites
Wild Thing

Favorite T.V. Shows:

21 Jump Street

The Cosby Show

Favorite Places to Eat:

Pizza Hut
McDonalds

Favorite Weekend

Activities:
Malling
Spending time with
your sweetheart



Freshman Angel Vega, does a popular thing on his lunch hour — sitting on the benches dreaming of making it to his senior year.



Jody Adams
Mark Aghakhan
David Agnew
Alicia Alfaro
Danielle Alvey
Nick Anderson



Erik Ast
Dawn Bayless
Stacy Bogdan
Richard Bokodi
Ramon Bran
Christopher Buehler



Luis Burgos
Liliana Castillo
Eric Cisneros
Christopher Clare
David Cochran
Tina Cole



Kent Cuater
Sharon Davaney



Sharon DaVaney
Tony Deere



Kimberly DeFauw
Michael Diaz

S. Griffen hustles to her locker before taking off to another exciting class in Mr. Tippet's Ingot-land.

Beth Dickson
Dawn Dubois
Melissa Duran
Kristin Enders
Joey Escobedo
Amy Gaydos



Susan Griffin



Chris Gulley



Michael Gutierrez



Brent Hawkins



*S. Bogdan, B. Dickson, H. Walters,
A. Gaydos, and K. House expresses
their true freshman spirit.*



Jennifer Henson
Corina Heridia
Claudia Herrera
Jose Herrera
Laure Higgins
Theresa Hogan





Michael Holley
Kimberly House



Ken Howe
Kimberly Howell



Jennifer Johnson
Valerie Kawohl



Denise Kelly
Shawna Knickerbocker



Donald Knox
Peter Lafucia



Polly Lavrick
Kelly Jo Manns



Oh no! Its time to fight with my locker again! 28-14-0 click. Crash, boom, bang! I guess I'll take everything out for a start. No, that won't work. Everything is fine. Well, I'll do the one and only thing left to do. Stack these great and useful books back in my locker in an orderly way. First, the English book, then the Science book. Nope the English book is too small to put on the bottom. First the Science book then the English book then my History folder and my Spanish book. Now what am I going to do with my gym shorts and socks? I'll just put them in the corner. Oh my gosh! I almost forgot! I have to take my Spanish book home.

Crash! Boom! Bang! Oh well! Maybe tommorow.

Freshmen 92 Freshmen 92

Shane Manns
Toni Sue Matherly



Kristina Miles
Ramona Mora



For these three freshman, Danielle, Stacy, and Kelly, lunch is their favorite part of the day.

Jim Motts
Letty Mundo



Don Neimeyer
Barbara Patten
Francisco Pedroza
Richard Peluyera
Michael Perez
Kevin Persley



Joseph Pluta
Kimberley Poston
Vicki Reed
Kurt Remus
Jose Renovalles
John Reynolds

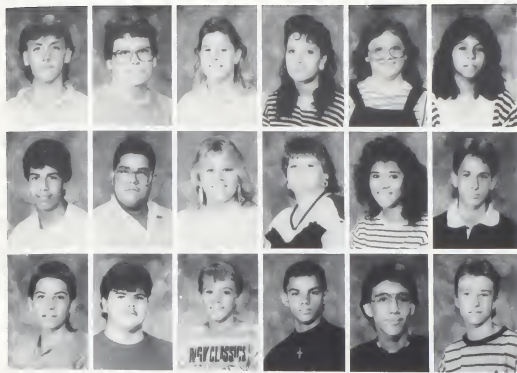


Anthony Rice
Stephanie Riffle
Rosa Rosario
Madelyn Sanchez
Steve Santmyre
Steve Schindler



Freshmen 92 Freshmen 92

Freshmen 92 Freshmen 92



Jeffery Schmitt
Robert Schwager
Laurie Sink
Kelly Sitar
Tina Smith
Gina Soria

Thomas Soria
Richard Sosa
Patty Spiegla
Kimberly Stanley
Kathy Stevens
David Szparaga

Brian Taylor
Scott Tharp
Jeremy Trusty
Angel Vega
Adam Villarruel
James Wacasey

Sherrri Wallace
Doug Wentz
Carl Wheeler

Jennifer Wendrickx
Doug Wentz
Carl Wheeler

Danielle and April wait patiently for the Omni Max Theater showing of the Great Barrier Reef in the Museum of Science and Industry.

Rhonda Wilkie
Chad Yester
James Williams



Freshmen 92 Freshmen 92

HOT GOSSIP

Extinguishin'

Eighth Grade

Totally Hot Eighth Grade

These eighth graders are 'too hot to handle'!! When you walk through the middle school, one can't help but noticing the flamboyant attitudes that are enclosed in the hallways. You could even call them the "Sizzlin' Seniors" of the jr. high. During lunch, you can also find these eighth graders sharing the days events and 'hot gossip' over a piece of pizza. But, even though half of these 'hotshots' have dedicated their time to academics, the other half put their energy into sports. Both are important in producing a well-rounded person. Which one are you?



These 'hot' eighth graders, *Cara Soboleski, Alan Besner, Paula House and Diane Williams* are ready for anything.



**Luana Abad
Amber Ayres
Tracie Bailey
Michelle Baldauf
Benjamin Baughman
Jamie Berkley**

**Richard Berkley
Alan Besner
Joe Bobrowski
Eugene Bowden
Tom Bryant
Melvin Buchanan**

**Ben Cantu
Jessica Carlson**

During lunch hour, these "sizzlin' seniors" of the junior high school, love th attention their 'manly muscles' receive.

**Kristi Chandler
Margret Click**

**Mike Click
Eric Collins**

**Zaida Concepcion
John Conn**



Since the Jr. High has adopted the new middle school idea, these young ladies and gentlemen have taken on a new outlook on school. Now it's your own school and you aren't considered a "jr." of any other school. You're on your own now and it's up to you to either "make it" or "break it" by setting the example and becoming the best.



Amy Crook



Michelle Taylor, Kristi Chandler, and Michelle Baldauf take time out from cheering on the Ingots to say "hi"!

Melissa Cox



Diana DeLeon



**Ken DeYoung
Margarita Diaz
Michael Diaz
Raul Diaz
Patricia Doughty
Joseph Dwyer**



**Tonya Enriquez
David Farris
Tracie Fasel
Linda Flores
Christina Fuentes
Tim Gibbs**



**Tessa Gillies
Lisa Gillis
Chris Gonzales
Mark Grissom
Johnny Gutierrez
Dennis Hamilton**



Jr. High is a time for metamorphosis from the elementary "baby" years to the "adult" high school years.

During this time, loud, boisterous children, who are on the onset of puberty, are struggling to establish their own personality. Slowly, there will be great changes both on the inside and out. Most obvious will be the exterior physical maturing. Less obvious will be the interior alterations of the mind, which will make them transitional thinkers who are responsible, yet still playful.

At this age, even though insecurity is dominant, sooner or later these adolescents you once knew will have transpired into fine ladies and gentlemen.



Jacqueline Hand
Candi Hendrix
Petie Hernandez



Robert Hernandez
Koreena Higgins
Paula House



Paul Howell
Angie Hurtado
Miguel Irizarry



Sandi Janiszewski
Jennifer Kaehler
Michele Kaehler



Robert Kennedy
Felicia Kindler
Pat LaFaucia
Joe Leszek
Charles Long
Stephanie Loving



Susan Martin
Marc Martinez
Rebecca McClanahan
Joe McCowen
Ben McCugh
Gina Mejia

Letty Meza
Christine Mills
Ruthie Mireles
Vicky Moss
Vicky Muha
Joe Ondo



Frank Ochoa
Elena Otero
Richie Otero
Mellisa Pacey
Richard Paton
Christine Patterson



Krista Poston
Derek Quick
Anthony Ramirez
Hector Ramirez
Scott Rappold
Evelyn Reyes



Lisa Rivera
James Roberts
Dennis Saklak
Kristeen Santmyre
Jenny Schadel
Letty Schmidt



David Servin



Vern Sievers



*The "three amigos", Christine Mills,
Amy Pronze and Frank Ochoa take
a seat during band class.*





Becky Slone
Charlene Smith
April Soboleski
Cara Soboleski
Jason Spicer
Brandie Stutler



Tanya Tallos
Jennifer Tarin
Michelle Taylor
Ivette Torres
Lorelei Trump
Sandra VanHam



Tonya Vanlew
Apples Vasquez
Mike Verduzco
Thomas Vernon
Tim Vernon
Bill Vickery



Jeff Watson
Tina Westmoreland
Dawn Williams
Diane Williams
Richard Wyrick
Ben Yanez



Yolanda Zambrana
Heather Zaradich



Mark Zimmerle
Mike Zimmerle

*Scotty Rappold, Brandie Stutler,
Mike Diaz and Christine Patterson
present an oral report.*

Seventh 94 Seventh 94 Se
HOT GOSSIP

Sizzlin' Seventh

FRIENDS FOREVER

Walking through the Junior High, anyone can see that there are groups of friends everywhere. Talking, laughing, and just enjoying each other's company.

We took a survey to find out just what these friends mean to each other. On the following page are just a few of the responses we received.



These seventh grade students, **Jack Stevens** and **Jason Creasebaum**, may look bored but they are actually having a great time. Jack models his home-made paper party hat, while Jason flashes his award-winning smile. These seventh grade students are making a statement, "you can wear any kind of hat you want and you will still have friends."



Jodi Agnew
Damon Alexander
Amy Allen
Kenneth Allison
Soledad Alvarado
Catrina Ayala

Richard Baldauf
Michael Bayless
Danny Bell
Ellie Berger
Jason Berrisford
Carol Blowers

Cami Bogden
Jeff Breneman
Gary Brewer

SURVEY SAYS . . .

My friends are people who respect who I am. - X.R.

Friends are just like a sister or a brother to me. - K.C.

A friend means having someone to talk to and to share the good times and the bad. - A.A.

A friend is someone you can trust. - K.K.

Friends are there when you need them. - C.B.

My friends are trusting and caring people. - L.F.

Friends are people who understand you and know your feelings. - C.A.



Amy Burns
Erica Byers
Cassandra Cano

Georgine Cantu
Paul Carrol
Tony Castillo

Nicole Chaja
Willard Chandler
Mario Chavez

Marisol Cisneros
David Clary



Mellisa Cole
Sebastian Collazo



Robert Cook
Brian Corbeille



Christopher Corbeille
David Cox
Hope Cox
Melissa Cox
Jason Creasebaum
Keith Curtis



Katherine Davis
Randy DeYoung
Irene Diaz
Andrew Dickson
Jamie Dillon
Harvey Douglas



Roger Dyer
Kimberly Ewell
Lisa Farris
Jay Flores
Lisa Flowers
Marilyn Fontanez





Curtis Garner
Monica Gibson
Jill Gilarski
Julie Gonzales
Michelle Griffen
Terri Hale

LOCKERS

What confusion . . . one of the biggest fears of the new seventh graders is "Will I forget my combination?" . . . "How will I get my books out?"

The first day of school about 1/4 of the seventh graders were in the office trying to figure out how to work their lockers . . . (twice to the right, twice to the left, once again to the right). It's bad enough having seven new classes but having to remember their combination too. It's amazing how quickly they all adjusted. After awhile they got the hang of it and started decorating them.

By decorating their lockers they express their personalities. Some of the seventh graders decorate with unicorns and rainbows while others furnish their lockers with punk rockers and other related things.

No more confusion, no more fussing. They're locksmiths.



Thomas Harding
David Hawkins



Linda Herrera
John Holland



Jamie Howard
Tina Howe



Clifton Howell
Marcus Howell



John Janes
Stacey Jansen
Donald Jones
Julie Kent
Ronald Knapp
Noel Knight

Kelly Knox
Kristen Kolesiak
Jacob Lewis
Louis Liberto
Denise Linebaugh
James Long



Joice Looney
Jason Lopez
Sudryana Lopez
Jamie Laughran
Christina Maldonado
Stacy Maldonado



John Maneno
Tina Manning
Jason Manship
Gina Martinez



Nancy Mattox
PRussell McCowan
Shawn McNally
Louis Mefford



Crystal Majia
Donald Melton
John Melton
Antony Miller



Hector Mireles
Theresa Molden
Jeffery Monnier
Jimmy Morris
Eva Moser
Christina Muniz



Shelly, Cami, and Gina show us how they enjoy their lunch.





Marsia Muniz
Mary Nelson
Dustin Newsom
Dawn Newsome
Christopher Neyhart
Jorge Nunez



Mary Elizabeth Paton
Robert Pedroza
Bonnie Petri
Anthony Piunti
Elizabeth Piunti
Joseph Piunti



Douglas Poston
Xiomara Ramos
Della Reder
Edward Remm



Elaine Reyes
Timothy Rodrick
Heather Rogers
Jeanine Ross



Marvin Rudd
Shawn Saladin
Seth Schindler
Charles Shinkle



Sherry Slaman
Sherry Sliz
Teddi Sobeliski
Jack Stevens
Robert Stover
Gwendolyn Teeter

Seventh 94 Seventh 94

Edward Torres
Russell Torres
Lori Toscani
Gerardo Verduzco
Christine Walker
Jennifer Welches



Lisa Whitmore
David Wiberg
Dale Wilson
Joshua Yates



Cami Bogdan, Gina Cantu, Jason Creasebaum, and Jack Stevens share a fun filled adventure in the bandroom. I bet any kid at any school would love to have as much fun in school as we Ingots do.



Seventh 94 Seventh 94



CLUBS



Martha Kennedy models a dress in the Student Council Prom Fashion Show.

Some members from the Northwest Hoosier Conference gather to pose for a picture.



CLUBS

Clubs are an important source of recreation and entertainment for many of our Ingots. Many clubs put on various activities throughout the year, such as at the beginning of the year the FFA puts on an annual "Spook House" during

the weekend of Halloween. Homecoming for Football and Basketball, and the Spring Fling are some of the activities that are put on by the Student Council. Pep club, Auxilliary Corps, and Band organizations are always there to root on our mighty Ingots through all of the seasons, even the loosing ones.

On Ingotland's other side there's our Academics. The Academic team is one that has competed in various academic competitions such as the Academic Decathlon, the Spell Bowl, ITAC and the Northwest Hoosier Bowl. In the younger generation of Ingots there are the STP 8th & 9th grade the elite of the Jr. High that will be left to carry on the academic traditions.

There is such a variety of clubs and organizations at River Forest that many find it hard to choose just one. So many Ingots are enjoying the dedication and hard work that goes into each of these organizations.



Tami Palmer, Chris And Kerry Medford discuss a question at the Hoosier Bowl.

We're Going all the Way!

Academic Decathlon. Top row left to right: Lois Sikora, Ann Kinser, Jerry Sosbe, Maria Fuentes, Dina Petroff. Bottom row left to right: Chris Melford, Joey Schaffer, Clifton Brown, Tony Lyons.



Three members of the academic decathlon compete in the 1989 Indiana Hoosier Superbowl.



High School Honor Society. Top row left: Matt Schuffert, Paul Filla. Middle row left: Judy Wheeler, Amanda Watts, Ann Kinser, Maria Fuentes, Cathy Gallagher. Bottom row left: Charlotte Rodriguez, Yvonne Bonilla, President Tony Lyons, Vice President Sherry Daniel, Dina Petroff.

The River Forest High School academic team has had huge success this year. The team consisted of Tina Alfaro, Clifton Brown, Corey Childs, Juluis Cisneros, Maria Fuentes, Ann Kinser, Tony Lyons, Chris Melford, Kerry Melford, Tami Palmer, Dina Petroff, Chris Poulimenos, Chris Shield, Lois Sikora, Wayne Soboleski, and Jerry

Sosbe, each the team members competed in different areas of academic study in teams of three or four people. To compete in the areas of academic study each team member had to study individually. Also the team studied together in the independent academic studies class. Coaches for the team were **Mr. Grenert** and **Mrs. Hooks** and they also supplied the team with packets of materials to study and titles of books to read to find out the important information the team needed to know. Main areas of study were: social studies, art, biology, physics, and different individual areas of

math. These subjects were studied in depth and in all areas possible.

This year was a first for our academic team for a couple of reasons. We hosted the Indiana Hoosier Superbowl here at our school. Not only did we compete, our team won in the social studies category and traveled down to Indianapolis to compete against teams from other schools in Indiana. On April 29, 1989, the social studies team consisting of **Tony Lyons**, **Chris Shied**, and **Clifton Brown** came home with a second place medal in the regional finals and a first place medal in the state finals. Way to go!





Sr. high student council. Top left: Mr. Hyden, Judy Wheeler, Andrew Piesyk, Stephen Douglas, Anthony Alfano, Tony Lyons, Scott Tharp, Marsha Warren, Miss Sulak. Middle row left: Rosa Rosario, Dawn Dubios, Beth Dickson, Cathy Craigin, Stacey Handley, Nikki Petroff, Lisa Remus, Dina Petroff. Bottom row left: Renee Szewdo, Cathy Szewdo, Amanda Watts, Julius Cisneros, Lois Sikora, Tami Palmer, Becky Soboleski, Mary Christakis.

Jr. high student council. Bottom row left: Randy Deyoung, Lisa Gillis, Dawn Williams, Tonya Tallos. Row 2 left: Jenny Kaehler, Brandi Stutler, Margaret Click, Diane Williams, Tina Manning, Missy Pacely. Row 3 left: Vicky Moss, Cara Soboleski, Tina Maldonado, Evelyn Reyes, Jessa Gillies, Tonya VanLew, Amy Allen, Kristen Kolesiak. Top row left: Tim Rodrick, Dave Hawkins, Teddi Soboleski, Marliyn Fontanez, Angelica Hurtada.

A fun-filled year was one of the many goals of the Junior and Senior student clubs and organizations. With a new track the Senior high school student council organized a football homecoming, and by luck we also had a new floor to use for basketball homecoming. Student council President **Lisa Mendez** and sponsor **Mr. Hyden**, started a new tradition by holding a prom fashion show in our round with gowns donated by **His and Her Bridal** and floral arrangements donated by **Arts and Flowers**. The models were girls and guys from the Junior and Senior classes. The high school honor society took a trip, with sponsors **Mrs.**

Hooks and Mr. Grenert, to the **Museum of Science and Industry, Lincoln Park Zoo** and had lunch at **Giordanos** followed by a shopping trip at **Marshall Fields**.

The Jr. high student council, sponsored by **Miss Kubiak**, also had a fun-filled, exciting year. They organized lots of fun events through the entire school year, scheduling a new event each month. Some of these included: a halloween party in October, several spirit weeks, the traditional valentine, king and queen dance, and two leadership camps. It's been a busy year, but these groups have also made it a fun one.

**STUDENT COUNCIL/
ACADEMICS 83**

Providing Hot Fun!!

The FHA (Future Homemakers of America) and the YACS (Youth Advisory Council) exist at River Forest to provide fun and a challenge of working together. Sponsored by **Mrs. Sisk**, the FHA devotes its time to people who take an interest in homemaking. Many activities held annually by the FHA are the spook house, the ice cream sale, and the big sister program.

The YACS, sponsored by **Mrs. Broda**, advise her in planning the school lunches and entertaining the lunchroom crowds.

FHA row 1: Mrs. Sisk, sponsor, D. Wilson, D. Wheeler, S. Sharp, M. Ewell row 2 J. Knight, J. Schmitt, C. Wayte, M. Christakis, T. Smith, L. Bran, V. Remm, C. Vaughn, T. Tallos row 3: S. DaVaney, M. Compton, B. Ronk, P. Feldspauch, P. McClaskey, T. Schindler, A. Bowen, D. Henry, and C. Hennings pic 2 YACS row 1: Misty Newsom, Luffman Jests, Mrs. Broda, and Dawn Dubois





Musical Meltdown

On April 26, at ole R.F., there was a certain something in the air. This was the night of Jazz Fest 11. But this year it was different. For the first time in the Fest's history, it would be broadcast on U.S. Cable. Joined by LaVille, Chesterton and Crown Point, River Forest also played a sizzlin' variety of jazz including "Take the 'A' Train", "My One and Only Love", "Kansas City", and "Tiger of San Pedro."

According to Mr. Slater, "The bands are not to be competing against each other. The sole purpose is to have a good time." **Julio Concepcion, Don Evans, Dave Gonzalez, Corey Perez and Mark Vargas** were the outstanding soloists of the night.

Jazz Band row 1: S. Baldauf, R. Cannon, J. Concepcion, L. Remus row 2: C. Mefford, D. Evans, S. Douglas, D. Guess, D. Agnew, C. Perez, K. Mefford, R. Schwager row 3: G. Lopez, D. Niemeyer, R. Sosa not pictured: D. Gonzalez, M. Vargas



JAZZ BAND 85



Pep Band row one: L. Sink, J. Kelly, K. Enders, H. Walters, D. DuBois row 2: K. House, C. Heridia, G. Soria, M. Munoz, D. Bayless, S. Collins, D. Walton row 3: D. Agnew, J. Trusty, A. Alvey, M. Cole, J. Concepcion, L. Remus, R. Cannon row 3: J. Adams, J. Spicer, C. Hennings, J. Kyncoy, J. Rennyolds, D. Niemeyer, R. Sosa, K. Jackson row 4: B. Hoobyar, K. Remus, D. Pelfrey, R. Schwager, L. Welch, D. Guess, K. Mefford, C. Perez, B. Taylor, C. Shied, D. Evans, and C. Mefford pic 2 The Pep Band performs at a home game. pic 3 M. Cole prepares to march at halftime. pic 3: The "Golden Ingot Pride" of River Forest performs at halftime. pg. 87 top pic: Seniors Chris Mefford and Terry Wilcox play the school song at a pep assembly. pic 2: A finished product of the marching band. pic 3: H.S. Band row 1: L. Mundo, S. Collins, S. Davis, C. Szwedo, R. Szwedo, K. House, J. Kelly, S. Puinti, L. Sink, K. Enders, H. Walters, K. Colon row 2: A. Alfaro, Y. Rios, T. Fields, M. Newsom, C. Padron, T. Dixon, D. Bayless, A. Buchanan, M. Calderin, M. Ewell, D. Walton, D. DuBois row 3: J. Kyncoy, J. Muha, S. Lemley, D. Cortez, J. Concepcion, L. Remus, M. Munoz, S. Tenorio, R. Cannon, C. Heridia, G. Soria, C. Vaughn, M. Cole row 4:





Golden Ingots Sizzle & Spark

"Ladies and gentlemen we present to you the 'Golden Ingot Pride' of River Forest . . ." These words were heard every Friday night during football season, the introduction to one of the most successful marching seasons in the band's history. But don't be fooled, all the glory came from long, hard hours before school. Starting at 6:45 a. m., many band students got up the nerve to come to school (some still in their pajamas) to practice. "I really enjoyed marching all these years," said senior field commander **Lisa Remus**. "There's nothing better than the feeling you get when you've played your best and the audience appreciates it."



ALL 1988-1989 Auxiliary Corps members are proud to say they had fun! Auxiliary Corps members have a great time too!



Betty Whiting - Auxiliary Corps member. Betty Whiting is a member of the Auxiliary Corps and has been a member for 10 years.



I had a great time being a member of the Auxiliary Corps. I was able to meet new friends and have a great time.

Betty Whiting - Auxiliary Corps member. Betty Whiting is a member of the Auxiliary Corps and has been a member for 10 years.





Many people say Auxiliary Corps is boring. These people do not realize just how important Aux. Corps is. The Aux. Corps adds color to the band. It takes a lot of practices to make the Aux. Corps look presentable. Renee Szewdo, Captain of the rifles, states "Since we only had three new rifles on our squad, the practices were pretty easy." The Aux. Corps practices before and after school. How many other activities can you think of that put this much work into their performances? During

Football season alone, Aux. Corps puts in approximately 7-8 hours of practice a week. This includes morning and after school practice. Then, during Basketball season, they practice after school, at night, and even in the morning. When you hear "Only one more time girls, then you can go!", you will repeat the whole show at least twice. The many long, hard hours of work are worth it when you go out at half time and your performance looks like a million bucks!!!!!!



Here are the members of the Auxiliary Corps 1988-1989. The members are as listed below for the "HOT" Corps. front row: Jennifer Bowers, Kim Page, Renee Szewdo, Bridget Jones, Stacy Bastin second row: Tammy Norenberg, Margaret Calderin, Shannon Davis, Ginger Clary, Dana Conrad, Marsha Warren, Lois Sikora, Maria Fuentes, Valerie Kawohl, Chrissy Vaughn third row: Jenny Kanizar, Tammy Denny, Tammy Consier, Tammy Fields, Vicki Reed, Judy Wheeler, Candy Padron, April Buchanan, Dina Petroff, Ann Kinser, and Mrs. Whiting.

The Auxiliary Corps is a group of students who are interested in learning more about the military and the Auxiliary Corps. They are a group of students who are interested in learning more about the military and the Auxiliary Corps.

THE MARK OF THE AWESOME CHORAL DEPARTMENT.



Row 1: S. Agosta, C. Ayala, S. Alvarado, H. Cox, C. Wayte, V. Moss, K. Poston, N. Rodriguez, C. Baughman, B. Lueck, T. Smith, Row 2: M. Click, S. Collette, D. Reeder, C. Ridgeway, T. Nolan, M. Kennedy, M. Reeder, L. Click, T. Molden, S. McNally, Row 3: P. Buchannon, C. Rodriguez, V. Reed, G. Wilson, M. Herrera, T. Pelfrey, N. Chaja, T. Alred, H. Otero, M. Howell, E. Colon, Row 4: T. Lewis, D. Moss, D. Norenberg, P. Callris, C. Milam, T. Consier, V. Kowell, B. Dickson, C. Peters, S. Sims, D. Wilson, K. Miles, Row 5: C. McFarland, B. Pitlow, J. Williams, K. Ray



The Concert Choir is about to sing a song.



The students in Choir are friends.



THE IGNITED ENSEMBLE



Row 1: Tara Pelfrey, Martha Kennedy, Chrissy Peters, Teresa Alred, Charolette Rodriguez, Tracie Nolan, Shawna Collette. Row 2: Pam Buchanan, Lena Click, Gretchen Wilson, Tammy Consier, Karrie Milam, Vicki Reed, Debbie Wilson, Marilyn Herrera



The Ensemble is the choir at perfection.

The girls in the Ensemble are sooo hot!!

The Warmest of Christmas Greetings "Ye Ole Wassail"



The Ensemble and the Concert Choir combine to perform a routine with bells for an added touch.

Mr. Brown performs in his eighteenth and last wassail.

The wassail is famous for its desserts which are about to be presented by the servers.

Gretchen Wilson waits (in her wassail attire) for the program to begin.

Mr. Brown's Indelible Mark: The Last Wassail

On a star filled, crisp December eve, River Forest sadly witnessed the final act of the 18th annual Wassail. We all unwillingly bid a fond farewell to Mr. Brown who has provided us with innumerable auditory, visual, and epicurean delights throughout the history of his unbelievable Wassail production.

The last Wassail was a complete success. The elaborate meal included an en-

tree of chicken cordon bleu, vegetable specialties, and an array of mouth watering desserts. Adding to the spectacular Holiday atmosphere, diners under the direction of Mr. Brown sang, "Greensleeves," and "Ole Little Town of Bethlehem."

Thank you Mr. Brown. Your unwavering dedication has left an indelible MARK, and will forever be cherished.

Charlie Baughman performs the flag routine to the strains of Medieval music. The flag routine was also performed by Bob Pitlow, Jim Williams, and Tom Harding.

Charolette Rodriguez portrays the ill-fated Santa Lucia of the Medieval lore. Unlike Santa Lucia, Charolette was not put to death at the stake. It's a prestigious role, and Charolette was the unanimous choice.

Beginning the Wassail Tony Rice carries in the traditional peacock. He is clothed in the famous "knight in shining armor", adding to the Medieval setting.



The Creation of a ...



Yearbook staff include: top; J. Patterson, J. Trusty, D. Alvey, A. Alvey, S. Daniel, M. Warren, Middle: T. Wilson, L. Sikora, L. Remus, G. Wilson, J. Kelly, A. Alfano, Bottom; M. Calderin, S. Lemly, J. Sosbe, C. Swzedo



Left: Cathy Swzedo and a few other members of the yearbook staff are staying after school to work on their deadlines that must be met.

As editor of the yearbook staff, Jerry Sosbe gives a quick pose for the camera when he takes a break from working on his yearbook project.



Sizzling Yearbook!

Deadlines, Deadlines, Deadlines

The 1988-89 yearbook is truly a student yearbook. Our new instructor, Mrs. Klimisch, a first year teacher, had never before worked on a yearbook. To quote Ms. Klimisch, "The only yearbook experience I've ever had is finding my pictures in my own high school yearbook. By the way, what's a gutter?"

DEADLINES - DEADLINES - DEADLINES, that's what it's all about here on the River Forest Yearbook staff. An innumerable amount of preparation is needed in order to meet those mind boggling **DEADLINES**.

Typical **DEADLINE** lingo follows: "What picture should I use? Hey! Who's got the pictures? What do you mean they weren't taken? How's my layout? What? It's wrong? I can't believe that, I'll ask Jerry. Check my copy. What do you mean misspellings, grammar, and punctuation errors? I proofread it!"

Pictures, Layouts, and Copy are not the

only things that go into the making of your Yearbook. The biggest component of all is **TEAMWORK**. Without teamwork, nothing could be accomplished.

Things got off to a pretty slow start. Ms. K was not the only one who'd never heard of a gutter. Three-fourths of the staff were first timers. Ms. K says, and we all agree, "Editor Jerry Sosbe pulled the staff together, unifying inexperienced individual staffers, into a **TEAM**. With the help of assistant-editors, Cathy Szweddo and Stacey Lemely, your yearbook staff was off and running."

Putting the yearbook together has been a very hectic job, especially on those nights when we have sacrificed everything to meet deadlines, but at least we have had the satisfaction of knowing that we have captured your memories forever.



Sherry Daniels, a member of the yearbook staff, works with concentration as she prepares the body copy for her final draft for the yearbook.

Working with smiles, Marsha Warren happily works with her layout to get ready to send it to the company.

The Flaming Newspaper



The Sizzling Stories of the Newspaper

Newspaper, like Yearbook, is a class offered at River Forest. In both classes, students are responsible for taking pictures, writing stories, constructing layouts, and much, much more. Students must be able to work on computers, learn graphic skills, interview students and teachers, meet deadlines, and lose a lot of sleep.

The aforementioned are not the only responsibilities students must accept. Dedication, perseverance, and down right hard work are necessary in order to achieve the perfection that is expected of school publications.

Mr. Muir, the Newspaper advisor, has done a remarkable job for years. This year, Mary Christakis was the editor. According to Mr. Muir, Perry White has nothing on Mary. We wonder if Lois and Clark were on the staff this year.



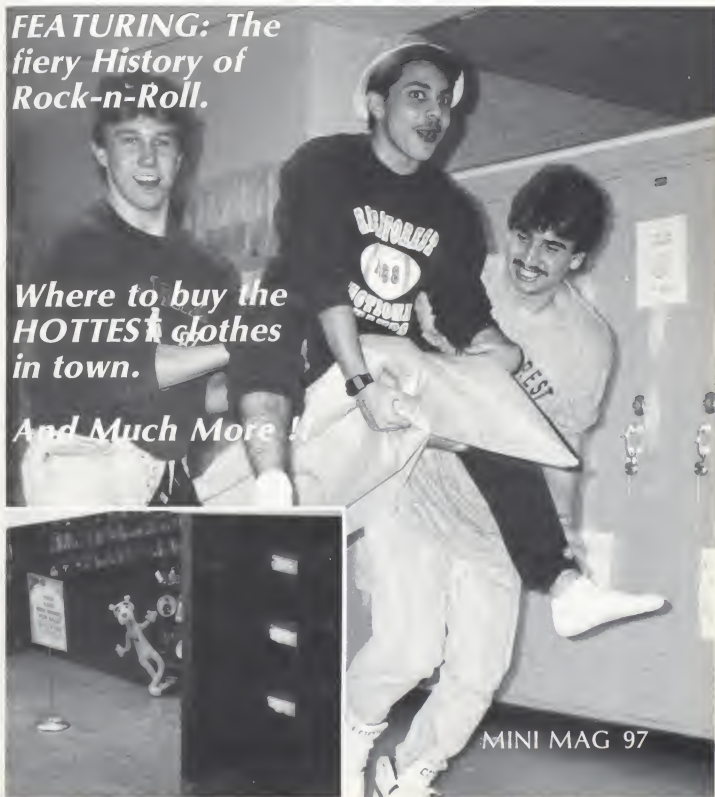
The smiling faces of the newspaper staff include: Bottom Row: Kim Page, Mary Christakis, Maria Fuentes, Jeremy Trusty, Dan Pelfery, Middle Row: Maria Deleon, Judy Wheeler, Rodney Johnson, Jeremy Patterson, Clisten Brown, Paula Lavric, Top row: Shelly Ingram, Davee Muir, Chris Sheid. All hard-working students that took a break from their normal routine to get their picture taken for the yearbook.

Chris Sheid, a member of the newspaper staff, works with happy smiles as he performs just some of the things that go on during the newspaper class.

**FEATURING: The
fiery History of
Rock-n-Roll.**

**Where to buy the
HOTTEST clothes
in town.**

And Much More !!



MINI MAG 97

Memories

Up In Smoke

1985-1986

In the year of 1986, there were two major disasters. The United States painfully watched the Challenger explode, and the Soviet Union suffered through the Chernobyl accident.

On the lighter side, "Hands Across America" expressed nationwide unity and joy. Lighter yet, was the success of T.V.'s "Wheel of Fortune" and "Alf."

1986-1987

The year 1987 was a year for unusual stars. The "California Raisins" and "Spuds MacKenzie" topped the list.

Not so unusual were "La Bamba" and "Platoon" which drew huge crowds to the cinema.

Television offered "Thirty Something" for the stay at home "Baby Boomers," and "Tiffany" and "U2" were the music industry biggies.

1987-1988

August of '87 to August of '88's most notable movies included: "Fatal Attraction" and "Coming to America."

The Iran-Contra Affair made headlines, but was put on a back burner while a nation kept vigil for Texan, "Baby Jesusica."

George Micheal's first major solo hit, "Faith" was a R7 favorite, and Mike Ditka, Chicago Bears won a Platinum Music Video Award for "The Grabowski Shuffle."



98 MINI MAG



1988-1989

1989 will stand out in our minds as the year of the BIG Exxon Alaskan oil spill. The environmental damage will be felt for the rest of our lives.

The January Inauguration brought a new face into the White House. George Bush has taken the driver's seat from Ronald Reagan.

1989 has seen Madonna enter the spotlight with her controversial "Like A Prayer" album, and Stephen

King produced a movie based on his best seller, Pet Cemetery.

From August of 1986 through the present, the Seniors of River Forest have seen many things come and go, but the events of 1989 will forever be emblazoned in our minds.

The most momentous event will be walking down the aisle wearing our long awaited caps and gowns, receiving our diplomas, and knowing from that moment on our lives will

never be the same, ever again.

The experiences we have shared will never fade from our minds and hearts. In 10 years when we browse through our yearbook, we'll recall how it used to be, and know that our memories will not have gone up in smoke.



FASHION

What's HOT and what's NOT!!

Ingots may ask, "Where can I find the most sizzling clothes in town?" Well, there are several places. **SOUTHLAKE MALL** is one. Here you would be able to find the largest variety of styles and brand names. If you're in a mood to go out on the town, shop at **THE LIMITED**. It carries extremely creative styles for girls. For the guys, **AVITTO** offers sleek looking clothes, and he'll be sure to find an outfit that will set everyone's eyes ablaze.

If you're in a financial pinch, plus you've got a date with that new

catch for the week, and you want to look you best, **TJ MAX** has brand name fashions at the minimum price. If money's no object, head for the Windy City, and shop **WATER TOWER PLACE's** seven floors of shops or **BLOOMINGDALES** which has a multiplicity of new and creative designers.





What they call #07!!

Eyes Color

Blue eyes 75%
Green eyes 20%
Brown eyes 5%

Winner: Blue eyes

Hair Color

Blond Hair 85%
Brown Hair 10%
Black Hair 4%
Red Hair 1%

Winner: Blond Hair

Personality

Truthful 75%
Funny 20%
Talkative 4%
Serious 1%

Winner: Truthful

The perfect
girl!!!

The perfect
guy!!!



Eye Color

Blue Eyes 65%
Green Eyes 30%
Brown Eyes 5%

Winner: Blue Eyes

Hair Color

Blond Hair 65%
Brown Hair 20%
Black Hair 10%
Red Hair 5%

Winner: Blond Hair

Personality

Truthful 65%
Funny 25%
Talkative 3%
Serious 2%

Winner: Truthful

YEARLY HOROSCOPE

ARIES

You're a reckless romantic. Beware of the opposite sex that you could fall for too easily.

TAURUS

What a year you have to look up to money, love, and a lot of fun times ahead.

GEMINI

Your favorite thing to do is flirt, but don't forget there is always a time for it.

CANCER

You're a person that believes in fast cars, fast times, and fast money, so you better buckle up.

LEO

Your life is a 3-ring circus, and you are the ring master so better take control of it.

VIRGO

You like to be secretive, but don't hide everything or maybe you'll get lost.

LIBRA

You want it all fortune and fame, but on the way up don't forget the little people.

SCORPIO

Don't be a couch potato. Get out into the social scene and you'll be happy you did.

SAGITTARIUS

Keep all your options open. You're a free spirit, but you really know where you're going.

CAPRICORN

You're luckier in love than at gambling. So if you're betting on something bet on that special someone.

AQUARIUS

This year your love will weave its magic web, so be picky on your catch or you'll be sorry.

PISCES

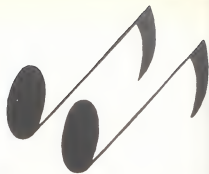
Relax and take it easy because everything seems to be flowing your way.



HEY,
BABE,
WHAT'S
YOUR
SIGN?????



THE HISTORY OF ROCK-N-ROLL

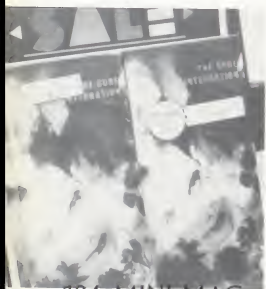


Seventy years before anyone ever heard of rock-n-roll, in 1877, Thomas Edison reproduced sound using tinfoil cylinders, an invention he called the photograph. In 1891 Emile Berliner produced the first phonograph records on flat discs. The following year an infant music industry had its first million-seller, "After the Ball." The 20th century was around the corner and none could imagine the revolution that would occur in 50 years.

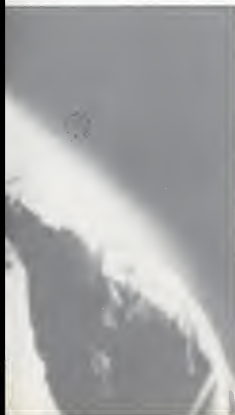
In 1948 Columbia Records introduced the 33 1/3 rpm long playing album and RCA the 7-inch 45 rpm single. These inventions made the fragile 78 rpm obsolete. That same year a new term entered

the musical language, "rock-n-roll." This was a Black slang term for lovemaking. The term was used in 1948, in "Good Rockin' Tonight" by Roy Brown and "Rock All Night Long," by the Ravens. There was a very limited audience for this music in 1948, but in less than a decade an entire industry would go topsy turvy because of it.

In 1954 the "Pop" record field was the largest in terms of audience, the number of artists, and the size of its record companies. Even though the Pop field was the big money maker, the Rhythm and Blues field had the richest array of stars who were to be the molders of a new musical style.



RAP POP ROCK HOUSE



In 1952 Alan Freed produced the country's first rock-n-roll concert, in Cleveland. Although all of the performers were black, over 30,000 teenagers, mostly white, showed up for the 10,000 seats. The end result was a "riot," police and all. White adults were very aware of the influence of rock-n-roll and were ready to blame the ills of post World War II teenage delinquency on the new craze. Their children were dancing to a sound they did not understand.

Today, rock-n-roll is a part of everyone's life. Its content ranges from Hard Rock to Soft Rock and Nouveau European to Rap. Even so, we all seem to say, "GIMME THAT OLE TIME ROCK-N-ROLL MUSIC, ANY OLE WAY YOU CHOOSE IT!"



INGOTS BLAZE



It takes hard work, determination, and team work to be victorious. Tami Palmer, Jenny Otero, and Marlene Otero show this during a Volleyball game.



Jeff Muha, Pete Otero, and Terry Wilcox congratulate each other on playing one of their last games of Basketball.



COMPETITIVE TRAIL

Sports have played a major role in our society. Sports are a way to show self-determination, leadership, effort, and competition. Ingots have shown their dedication and competition through-out the year.

In the fall during football season, there were many hon-

ors.

Some included All-State, All-Conference, Honorable Mention, and M.V.P. for the players. In the area of basketball, Ingots still blazed through with winning colors, especially during sectionals. During the spring months, Ingots will endure the sport of baseball and track, which are promising to go with the trend of our victories.

The Ingot fans take pride in their athletes but the athletes themselves are the ones who deserve the credit. They are the ones who have to go to every practice, whether it be after school or on a Saturday; on a humid 105 degree day or a chilly 20 degree day. The athletes are the ones who have to go through the nervous seconds before a race and the competitive face to face battles on the line. They are the ones who feel the agony of defeat after a hard fought battle but also feel the triumph of victory. Still, in the end, win or lose, the Ingots always stand proud.



Paul Filla jumps high for a "3-pointer" during a rugged but victorious game over Washington Township during their Sectional game.



*Marc Buehler
"Mr.
Football"*

*Individuals leave
their Mark.*



*Jeff Muha
M.V.P.*



*John Daniels
Most Improved*



*Jeff Muha gets ready to pass
the ball.*



*Marc Buehler attempts to
score a touchdown.*

First Row: Angel Vega, Kris Piesyk, Andrew Piesyk, Jose Ochoa, Jimmy Wacasey, Shane Clay, Ed Concepcion, Julio Concepcion, Tony Buehler, Shane Skees, Brian Hoobyar, Mike Kolesiak, Chris Brock, Corey Perez, Pete Otero, Anthony Alfano, Don Cook, George Martin, Sergio Dominguez, Jim Motts. Third Row: Mark Vargas (Manager), Kirt Remus, Chris Shrewsbury, Reese Price, Harry Pedroza, Mike Dickson, Frank Diaz, Joey Zambrana, Marcky Buehler, Tom Soria, Pete Skoubas, Eric Yuhasz, Scott Cantu, Eric Ast. Forth Row: Larry Welch (Manager), Coach Leonard, Jeff Muha, Brian Kaehler, Darren Guess, Jerry Butler, Kris Baimakovich, Mike Burton, Mike Newlin, John Daniels, Doug Wentz, Jeremy Ogden, Kent Custer, Kevin Persley, Coach Thomas, Coach Lonnie, Coach Muha.

SIZZLIN' SEASON



*Coach
Leonard*



1988 was definitely a *HOT* season for Ingot Football. Under the direction of Dennis Leonard, this year's team was a *FIREBALL*! Ingot fans were treated to the most exciting season ever before witnessed in River Forest's history.

Regular season play closed with the Ingots being the *HOTTEST* team around. Sectionals found R.F. first pitted against Edison, and the Ingots *SPARKED* a 14-12 win, even with Otero sidelined. Knox was the next to be *BURNED* 20-0. Finally, LaVille was no match for the *FIRE-BREATHING* Ingots as they *BLAZED* a 26-12 win, capturing the *SECTIONAL* crown.

Ingotland was an *INFERNO* of anticipation *REGIONAL* night! The game *BROILED*! The crowd *SIZZLED*! The Ingots had Woodlan in their grasp! But time ran out for our *TORRID* team, as Muha and Clay hooked up for their final completion. The season's bright *FLAME* was *EXTINGUISHED* with a 27-22 loss.

It was a *FANTASTIC* year! Thanks guys! And a special thanks to Coach Leonard. It was a *SUPER* final year of coaching! We'll miss you!

Don Cook concentrates on the game.

Coach Leonard gives Jeff Muha last minute advice.



Flamin Freshman & Jr. High Football

Calumet	H	Win
Calumet	T	Win
Portage	T	Lost
South Central	T	Lost
Rensselaer	H	Win
Whiting	H	Lost
Lake Station	H	Win
N. Judson	T	Lost
Kankakee Valley	T	Lost

*"I love football and I hope to become a coach here at RF." — Jason Cerasbaum
- 7th*





Lonnie Carroll coached his first year at River Forest in 1988. The freshman were privileged to have a former graduate of River Forest to help them seek out and reach their football goals. Coach Carroll commented on the team's season.

"We had a small group of 9 or 10 players on the freshman team, so we made most of our games freshman and sophomore games.

Typically, there were some stand-outs like T. Buehler, J. Wacasey, T. Soria and D. Wentz who also received varsity time.

Tom Soria did a great job as quarterback showing much potential and a solid arm. He will be a fine quarterback throughout the rest of his life.

One of the things I liked most was the way the smaller kids would get fired up and perform well. Many times they had to play a position they had not previously played because of the lack of teammates.

The team played very well, although lack of consistencies hurt us. A few years down the road they will be a very good nucleus for a varsity team."



1988 Sizzlen Sectional Championship

The 1988 Sectional Football game would have to have been "the" most exciting game in our school's history. River Forest beat LaVille 25-12 in the third and final sectional game.

A few of the players commented on achieving the Sectional Championship.

"Winning was a big relief because of all the pressure built up from being the first River Forest team to win the Sectional Championship," Jeff Muka.

"It was the biggest emotional high I have ever felt. I felt very proud of being part of a team who's made our school shine," Pete Otero.

"I felt incredible after winning the game. It was a huge accomplishment for our team," Shane Clay.

Next year's team will have to work extra hard to match the excellence that was performed this year on the field.



SCOREBOARD

Sectional Games

Lake Station	14-12	Win
Knox	20-0	Win
LaVille	25-21	Win

Regional Game

Woodland	26-21	Lost
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Coch Leonard plans an important play for tonight's game.

LaVille congratulates the Ingots as they become the Champs.



Shown here is (top left) Senior David Gonzalez, (top right) Junior Kerry Mefford and (below) Senior Terry Wilcox. Other team members included seniors, Matthew Schuffert and Christopher Mefford; sophomores, Danny Filla and Stephen Douglas; and freshmen, Brian Taylor and Chris Clare.

Varsity Tennis

Lack of experience contributed to the 5-9 win-loss record of the Ingot tennis team. Coach Detterline feels that having the new home courts, which have not yet been played on, will help the Ingot team in the future. Previous home matches were held at Four Winds Park in Lake Station. He also stated that being moved out of the Highland Sectionals will also help the team.

Senior Terry Wilcox, who had the best individual win-loss record for the year, was recognized as the most valuable player for the second consecutive year. Also, senior David Gonzalez was named as most improved.



Go Go Go
Get'em Get'em Get'em
Go Get'em Go Get'em Go Get'em Go

Volleyball Teams Get Rookies

The 1988 high school volleyball season was one full of wonder. Wondering who were going to be the new coaches, was the first thing on the minds of the players. But **Diane Shipman** and **Beth Dorman** came through and became the new J.V. and Varsity coaches for the season. The season ended with a 0 and 22 scoreboard for Varsity and 3 and 22 for the Junior Varsity team. Having such a young, unexperienced team and even newer coaches had a lot to do with the final season turnout.

This year's team consisted of only two seniors: **Tami Palmer** and **Stacey Tenorio**, who were the leaders and role models for the rest of the team, the rest of the teams were equally divided

between the underclassmen. Other role models for the team are always the Most Valuable Player, this year's MVP was **Yolanda Ramirez**, and the Most Improved Player, **Sherry Daniel**. The girls finished out the season with as much enthusiasm and determination as they started with and that's what made the season a special one. The start of the season was the toughest of all with practices every day starting at eight o'clock in the morning in the end of August. Then the girls came back in the evenings also. Spirit and determination were held in high regard by the Junior Varsity and Varsity teams and they kept these in mind while attending practice every day in the summer and every day after school. Riding to the away games was always enjoyable with everyone psyched-up and ready to play the best game they can.

The Varsity volleyball team listens intently to Coach Dorman during a break between games.

Yolanda Ramirez, of the varsity volleyball team, blocks a spike from the opposing team.



Cathy Craigin, Sherry Daniel, and Tami Palmer slap hands after a good play.



Cori Heridia gets ready to pass the ball to Tammy Denney as Sherry Daniel and Yolanda Ramirez stand guard.



*J.V. Coach
Diane Shipman*

Junior Varsity Volleyball

North Judson	L	Hammond Noll	L
Hobart	L	Boone Grove	W
Lowell	L	Rensselaer	L
Wash. Twp.	L	Griffith	L
Roosevelt	L	N. Newton	L
Wash. Twp. Tourney			
Lew Wallace	W	Wheeler	L
Lake Station	L	Hammond Clark	L
Wirt	W	Hanover Central	L
K. V.	L	Morgan Twp.	L



*Varsity Coach
Beth Dorman*

Varsity Volleyball

North Judson	L	Hammond Noll	L
Hobart	L	Boone Grove	L
Lowell	L	Rensselaer	L
Wash. Twp.	L	Griffith	L
Roosevelt	L	N. Newton	L
Washington Twp. Tourney			
Lew Wallace	L	Wheeler	L
Lake Station	L	Hammond Clark	L
Wirt	L	Hanover Central	L
K.V.	L	Morgan Twp.	L



J.V. and Varsity volleyball teams. Bottom row left: Marlene Otero, Tami Palmer, Sharron Davaney, Dawn Dubois, Claudia Herrera. Middle row: Kim Harper, Melissa Duran, Tammy Denney, Cathy Craigin, Jenny Otero, Sherry Daniel, Denise Hoobyar, Cathy Gallagher. Top row: Coach Beth Dorman, Kristina Miles, Yolanda Ramirez, Cathy Szwedo, Laura Davaney, Bridget Jones, Nikki Martinez, Tammy Fields, Kristin Baker, Coach Diane Shipman.

Cross Country Leaves A Scorching Mark In 1988!

The cross country team made a valiant effort to succeed, although their task was almost insurmountable, because of the lack of participants.

The River Forest cross country team is composed primarily of males, even though empirical evidence bears out women's greater capacity for endurance. This endurance was epitomized by Veronica Cortez, the only female cross country runner on the River Forest team. She is an outstanding example of one with endurance. Not only does she endure the rigors of long distance running, she endures the teasing comments made by her male teammates. However, the guys did a great job.

The team consists of: V. Cortez, P.J. Nafus, M. Vargas, K. Jackson, B. Pittow, C. Hennings, J. Lopez and D. Pedrey.



Juan Lopez struts his stuff.

C. Hennings enjoys running.

V. Cortez runs out back.



Keith Jackson and Bob Pitlow get extra exercise running in the woods behind the high school.

Dan Pelfrey and Mark Vargas race back to the school to attack the water fountain.

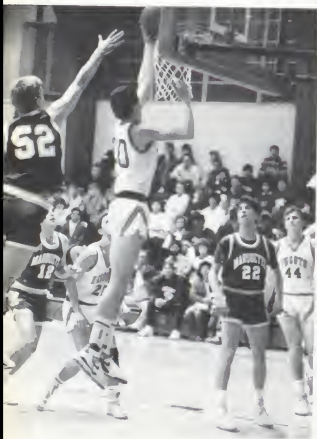


Veronica Cortez ponders results of her track team's success.



Sectional Win Sparks Boys

Culver Military	40-60
Chesterton	49-68
Wheeler	60-38
Hobart	56-77
Andean	58-67
Boone Grove	56-53
Hammond Clark	72-69
Morgan Township	45-65
Hebron	74-79
Kankakee Valley	46-78
Lowell	58-73
North Judson	56-63
Griffith	64-88
Lake Station	81-64
Marquette	69-71
Rensselaer	44-97
Whiting	47-60
North Newton	54-57
Hammond Gavit	42-62
Hanover Central	61-77
(sect) Wash. Twp.	67-57
(sect) Chesterton	47-72



pic 1: Junior **Scott Baldauf** attempts to pass the ball to one of his teammates during sectionals.

above: Mr. Basketball, **Terry Wilcox** reaches up for "two" during Homecoming against the Blazers.

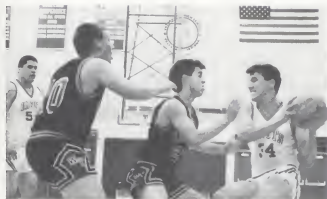
right: Coach **McDaniel** gives some helpful advice to the Mighty Ingot during the sectional game.



Boys Varsity Basketball, back row: Coach McDaniel, Kris Baimakovich, Scott Baldauf, Anthony Alfano, Tony Lyons, Paul Filla, Terry Wilcox, Jeff Muha, Mike Kolesiak, Steve Douglas, Coach Detterline, and Coach Burleson front row: manager Clifton Brown, Chris Shrewsberry, Shane Clay, Pete Otero and manager Mark Vargas

lower left: pressured by his opponents, Paul Filla tries to get out.

below: During the pre-game rally, Coach Detterline shows his strength.



Boys' Varsity Basketball

Although the River Forest Boys' Varsity Basketball team did not post a sizzling season, it did have its highlights.

Senior **Terry Wilcox** led the team with the most rebounds and points per game. This effort paid off for Wilcox as he earned the titles of Mr. Basketball and All-Conference.

Adding to the list of "hot shots" were seniors: **Pete Otero, Tony Lyons, Paul Filla, Jeff Muha**, and junior **Scott Baldauf**.

According to Coach **John McDaniel**, the team's overall product was disappointing. The team's weaknesses overpowered their strengths. Defense, outside shooting, ball handling, and not be-

ing mentally prepared for the game were just a few weak points, while rebounding and inside plays were some strengths. "I was very disappointed to see that not all came out to play," said McDaniel. "We just didn't have a concentrated effort on winning."

Even though the team didn't finish well with a season record of 5 wins and 16 losses, they did surprise us and make it to the second round of sectionals after beating Washington Township by a score of 67-57.

Coach Burleson gets 200th Victory as Head Coach.

J.V. AND FRESHMEN TEAM POST BEST RECORDS IN RECENT YEARS

The Junior Varsity team led by head coach Joe Burleson, had an exceptionally satisfying season with a record of 9 wins and 11 losses, which was an above average season for the River Forest Basketball Team.

Along with showing a promising future for the Varsity team, Coach Burleson reached a personal coaching plateau by capturing his 200th victory against Morgan Township early in the season. Coach Burleson is in his 25th year as the Junior Varsity head coach.

The Freshman Boys Basketball team, coached by Jim Spencer, had the best season the Freshmen Squad has had in over 13 years.

Their record of 4 wins and 9 losses may be deceiving because 4 of the losses were by six points or less. "With the lack of practice facilities and a shortage of players being a major hinderance on the ball club the team suffered severely," said Coach Jim Spencer.

Along with the Sophomores and one Junior, two Freshmen also moved up and played an important role in this year's Junior Varsity team success.

The combination of the Freshmen and the Junior Varsity teams, with the right attitudes and desire to win, can look forward to a bright future for the River Forest Varsity Team.



The 1988-89 Junior Varsity team consisted of Edward Concepcion, Angel Vega, Steven Douglas, Danny Fila, Mike Kolesiak, Anthony Alfano, Richie Peluyera, Kris Baimakovich, Mike Dickson, Jose Ochoa, Phil Nafus





Ed Concepcion, at the point, maneuvers around an opponent to get a better shot.

Mike Kolesiak shows extreme concentration on this free throw attempt.



The Freshmen team consisted of **Angel Vega**, **Dave Cochran**, **Jodi Adams**, **John Reynolds**, **Tom Soria**, **Richie Peluyera**, **Mark Agahkan**, and Manager **Pete Lafucia**

Chris Shrewsbury, who played mostly Varsity, is shown here ready to play defense.



Chris Shrewsbury squares up with the basket for the long bomb.

JUNIOR HIGH TEAM'S FULL OF TALENT!

This year's Junior High Basketball teams, under the leadership of new Head Coach Tim Cox and eighth grade Coach Dennis Spoor, posted records of six wins and three losses, and three wins and six losses, respectively.

According to the statistics, Jack Stevens was the leading scorer and rebounder on the 7th grade roster. On the eighth grade roster, Troy Berkley and Johnny Gui-

terrez were the team leaders.

The 7th grade roster consisted of 15 players and the eighth grade roster was made up of 13. "Although most of the teams that they faced had larger rosters, our teams seemed to have the height advantage," said Coach Spoor. With the Junior High teams loaded with talent, the right attitude is all that they need to become successful in the future.



7th grader Jack Stevens takes the ball down the court for an easy lay up.



top left: Jake Lewis looks for an opening to score.

above: Chris Neyhart battles inside the paint for the score.



left: Chris Neyhart and Jack Stevens fight for the rebound.



Front row: Dawn Dubois, Devon Henry, Jenny Otero, Marlene Otero
Back row: Mr. Muha, Tammy Fields, Kristin Baker, Stacey

Tenorio, Bridget Janes, Kathy Stevens, Marisol Hernandez, Cori Heridia, Melissa Duran, and Mr. Lemely

"HOT DETERMINATION!!!!!"

The Girls' basketball team may not have won any games, but that does not mean they were not set high on determination!!

You have probably heard that the Girls Basketball team did not win any games. Well, does that really matter? NO, it doesn't matter in the least little bit, because it's not whether you win or lose, it's how you play the game, and what you learn from the experience. The only thing that matters is that these girls were dedicated enough to stand behind their team. Even though they had no victories, they were "HOT" in determination and dedication!! I bet it is really hard being on a team when the team is continuously losing. That is what makes this team so special. The girls probably put up with

a lot of cut downs about how poorly the team had done. These cut downs did not stop them from giving their best to the team.

Memories of the fun and laughter that these girls shared will live long after the memory of a loss. Years from now, the "HOT" times they shared will forever remain a flickering "FLAME" in their hearts. Basketball forever!!!!!!!!!!!!

Hobart
Lake Station
Morgan Twp
Washington Twp
Hanover Central
North Newton
Lowell
Hebron
North Judson
Kankakee Valley
South Central
Andrean
Rensselaer
Wheeler

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Bridget Janes, who is a Junior, succeeds in blocking a shot from her opponent. Bridget Janes played exceptionally well during the 1988-89 Basketball Season, along with the other players.



Melissa Duran, who is number 21 on the Girl's 1988-89 Basketball team, is playing a hard game. While playing this game using all of her strength, she decides to go for a "HOT SHOT!"



"Hot Shots!!"



Stacey Tenorio, who is a Senior and who also earned the title of Miss Basketball 1988-89, demonstrates her ability as she hustles down the court after her opponent. Stacey shows a large amount of energy as she moves so quickly.



Kristin Baker shows concentration and determination as she keeps the ball away from her opponent.



We're Jammin' We're HOT!

*CHEERLEADERS: BLAZING with
SPIRIT and BURNING with PRIDE!*

Three "HOT" senior cheerleaders; **Dawn House, Tami Palmer, and Lisa Mendez**, have definitely made their mark. These girls have been cheering in "Ingot Land" since seventh grade. This means six years of non-stop smiles and dedication. Their hard work and shining faces will never be forgotten.



Kier Colon takes a break to chat on the phone before the big game.



*Varsity cheerleaders **Stacey Lemley, Cathy Szwedo, and Amanda Watts** face the court to cheer on an Ingot as he attempts to make a free-throw.*

During the basketball pep ensemble the Varsity and Junior Varsity Cheerleaders perform a greeting cheer and end it in a spectacular mount.



Varsity Cheerleaders from left to right: Lisa Mendez, Cathy Szewo, Siacey Lemley, Dawn House, Amanda Watts, and Tami Palmer

Junior Varsity Cheerleaders from top to bottom: Debbie Dubois, Jennifer Loving, Stacy Handley, Kier Colon, and Sherry Daniel



Junior Varsity Cheerleader **Stacy Handley** along with other J.V. Cheerleaders help out the Varsity squad and give support to the Ingot football men.



"Along with the thrill of popularity, and the glory of being a cheerleader, there is a lot of hard work involved and many people fail to realize this fact."

CHEERLEADERS: BURSTING with ENERGY

Cheerleading is much more than standing in front of a crowd and rooting for your team. If we tear the word cheerleader into the two words it's made of, it will be easier for us to understand. The first part of the word is "cheer." Being a cheerleader means you must be enthusiastic; even if you feel under the weather, you must keep a smile on

your face no matter what your mood, and most importantly; you must be friendly at all times. The second part of the word is "leader." A cheerleader is always on display. You have to be your best all of the time, have good judgment and have good grades. You are a leader setting examples for others to follow.

Scorchin Squads

Cheerleading does require a lot of hard effort and spirit. "All of the girls were outstanding not only on the court, but on the field as well," stated Mrs. Whitting, the Junior High Sponsor.

There were many individual opinions as well as attitudes. "It was a fun experience and I truly enjoyed it. It made me feel like I accomplished something on my own," quoted Letty Schmidt.

Although the Junior High squads were elite, the Freshman squad was stupendous! Not only did these girls cheer at their own games, but through the long and tough season of Varsity Football. "The girls could not participate on the track, but they still back the team by cheering their team on in the stands. They also made several signs," replied Miss Conley, the High School sponsor.

So as you can see, these squads are unique in many different ways.



9th: Stacy Bogden, Beth Dickson, Heather Walters, Amy Gadyos, Kim House.



8th: Paula House, Dianne Deleon, Kristi Chandler, Lefty Schmidt, Michelle Baldauf, Michelle Taylor.



Kim House and Stacey Bogden watch their team warm up.



The wrestling team consisted of mgr. K. Page, J. Cisneros, T. Buehler, M. DaVane, J. Kitchen, P. Skoubas, G. Click, D. Djorjevich, B. Sheppard, T. Szparaga, and Coach Marszalek. Coach Mike Kitchen, J. Concepcion, C. Sosa, E. Cisneros, J. Escobedo, S. Garrison, J. Lopez, E. Ast, C. Shinkle.



Inexperienced Wrestlers

Since there is no Jr. High wrestling team, the wrestling team was a team of young, inexperienced wrestlers. "Having no Jr. High team had a negative effect on the High School team because the wrestlers have to learn everything in High School," said Coach Marszalek.

John "The Professor" Kitchen, who was the most experienced wrestler on the team, had a 17-5 record and was considered the most valuable wrestler. Senior Bobby Pearman was

a surprise and did an outstanding job at the 171 weight class. Other impressive accomplishments were Seniors: Professor Kitchen, 2nd in conference and sectionals, Bobby Pearman, 2nd in conf. and 4th in sect., Mike DaVane 4th in sect. Sophomores: Scott Garrison 4th in sect. and conf., Juan D'Angelo 3rd in sect. And Freshman: Tony Buehler 4th in sect. and 4th in conf., Joey Escobedo 3rd in sect. and Eric Cisneros 4th in sect.

Wrestling

Lew Wallace	W
North Newton	L
Delphi	W
Benton Central	L
Whiting	L
Hanover Central	W
Wirt	L
Horace Mann	L
Lake Station	L
Kankake Valley	L
Andean	L

Ingot's Blaze With Determination.

J.V./Varsity Baseball

This year's varsity baseball team may not have won many games, but their determination came blazing through. The team consisted of mostly Seniors. Many of them have set school records and earned All-Conference and All-State awards. Speaking of awards, two outstanding players received scholarships. Jeff Miska, a third-year letterman and an exceptional pitcher, accepted a scholarship from Valpo University. Marc Buehler, also a third-year letterman, who plays third and second base, received a scholarship from Valpo University as well. "These two young men are wonderful students, players, and very good friends," quoted Coach Whiting. He also added, "I'm very proud of them and I'm sure they will become very successful both on and off the field."

This year was Coach Whiting's last year. He has taught, motivated and guided his teams through troublesome and victorious seasons. His players will have benefited and learned from him; but most important, they will miss him.



Varsity Baseball Team: First Row: (Manager) Ginger Clary, Edward Concepcion, Julius Ciseneros, Julio Concepcion, Joey Zambrana, Marcky Buehler, Steve Stefanovich, (Manager) Shannon Davis. Second Row: Coach Piper, Chris Shrewsbury, Ed Garza, Scott Baldauf, Don Cook, Jeff Miska, Matt Schuffert, Rodney Palmer, Scott Cantu, Coach Whiting. (Not shown: Managers, Cathy Szwedo, Amanda Watts)

Marc Buehler, a third-year letterman, sticks the ball through the infield.

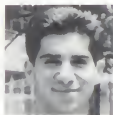


TEAM	WE	THEY
Hammond	01	02
Hobart	00	06
Munster	00	12
Wheeler	07	14
Lake Station	03	07
Lake Station	01	02
Kouts	03	02
K.V.	04	08
K.V.	07	13
Wirt	00	11
N.J.	05	04
N.J.	10	06
Roosevelt	04	13
Hebron	02	12
North Newton	08	16
North Newton	01	08
Lew Wallace	02	12
South Central	04	01
Boone Grove	02	08
Rensselaer	02	04
Rensselaer	01	07
Griffith	00	07
Hanover Central	02	00
Gavit	05	11
Morgan Twp.	pp	
Andrean	01	02
(Sectional)		
Chesterton	00	07



M.V.P.

*Jeff
Muka*



*Most
Improved*

*Rodney
Palmer*



J.V. Baseball team: First Row: Scott Garrison, Kevin Persley, Angel Vega, Edward Concepcion, Jose Ochoa, Chris Clare, Mike Newlin. Second Row: (Manager) April Buchanan, Tony Buehler, Leonard Evans, Anthony Alfano, Tommy Soria, Chris Baimakovich, Eric Ast, Arturo Fuentes, and Coach Piper.

Blazing Golfers

It Was an Incredible Year

Coach Dennis Leonard couldn't have wished for a more dedicated team. The golfers were a very spirited bunch. As the season progressed their spirit increased, even though golf takes a lot of patience, skill, dedication, practice, and teamwork.

The golf team does not have a large following, but this year they received some special recognition. The Athletic Booster Club gave the award of Most Valuable Player to Kerry Mefford. He has practiced very hard for the team, and is also very dedicated at what he does. Without a doubt, he deserved the

title of Most Valuable Player.

Not only does the Athletic Booster Club have an award for the Most Valuable Player, but they also have an award for the Most Improved Player. This year's award was given to Brian Hoobyar. He spent much time working at perfecting his game, and was most deserving of the honor.

According to Jeremy Ogden, a member of the team, "We couldn't have had a better year, and my teammates are the greatest! A special thanks goes to Coach Leonard for a great year in golf!"

Pictured above; Golfer, Kerry Mefford gives a quick thought before one of his golf meets. This thought could be the one for the win of the meet.

Kankakee Vally
Wirt
Lake Station
Whiting
Calumet
Hanover
Hammond Noll
Roosevelt
Boone Grove
Hobart
Lake Station
Lowell

lost
win
win
win
win
lost
win
lost
lost
win
win

3rd. Place in the KV
Invitational.
4th. Place in the Conference
Golf Match.





The members of the golf team include: top; Kerry Mefford, David Agnew, Mike Burton, Jeremy Ogden, Chris Mefford, Coach, Mr. Lenord. Bottom; Shane Skies, Mike Dickson, Brian Hoobayar, Cory Perez. This has been one of the better years for the golfers of River Forest. They have won many of their meets and will continue to do well in the future. They have also done well in the Invitational and Conference golf matches.

Pictured above; **Biran Hoobayar** finishes his swing at one of his meets during the golf season.

Some members of the Golf team take a moment out to check out the course as they get ready to win another one of their meets.

River Forest 1988-1989 Track Teams

This year there were many new track members and many broken school records.

Reese Price 200 meter dash 23.4
Reese Price 400 meter dash 51.4
Phil Nafus 3200 meter run 9.58
Bob Pitlow 300 low hurdles 41.3
Joe Loberto high jump 6'5"

Joe Loberto is the first boy at River Forest to go to the state finals since John Thomas in 1966.

"It's been a very productive year with all the school records being broken." — Coach Marszalek



Senior, Bob Pitlow, makes 1989 his year as he successfully hurdles his way to the finish line.





Senior, Pete Otero, pushes his way to the top as he shot puts.

Junior, Cathy Gallagher, demonstrates the proper way to jump a hurdle during practice.



Senior, Theresa Groover, reaches great length in her long jumping abilities.

Freshmen, Jennifer Henson, awaits the starting gun while concentrating on achieving first place for the 100 meter dash.

Junior, Sherry Daniel, shows her enthusiasm towards hurdle jumping while practicing hard for her next meet.







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Julie Kelly and Lois Sikora excitedly sit in a 1988 Ford Mustang GT Convertible on the show room floor at Heuring Ford on RT. 51 in Hobart.



Sherry Daniel and Jennifer Loving model at the Prom Fashion Show sponsored by the Student Council. Dresses were donated by His and Hers Bridal World



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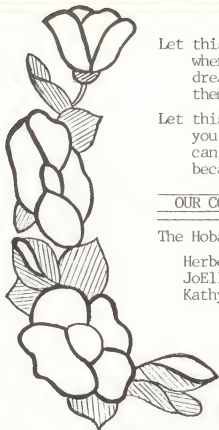
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*The "Hunny Bunnies" Mi-
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dancing at the Halloween
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*Stacy Handley and Cathy
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We would like to extend our gratitude and appreciation to Jerry Sosbe. Without him and all the work he has done the 1988-1989 yearbook would not exist.

*Thanks,
Mrs. K and the
Yearbook Staff*





the 1990s, the number of people with a diagnosis of schizophrenia has increased in the United Kingdom (Meltzer and Peck 1998). The prevalence of schizophrenia in the United Kingdom is estimated to be 1.2% (Meltzer and Peck 1998).

There is a growing awareness of the need to improve the lives of people with schizophrenia. The United Kingdom has a number of national strategies for mental health care, including the 1999 *Mental Health Act* (MHA) and the 2003 *Mental Health Strategy* (MHS). The MHA and MHS both emphasize the need to improve the lives of people with schizophrenia, and to ensure that they are treated in a humane and effective manner. The MHS also emphasizes the need to improve the lives of people with schizophrenia, and to ensure that they are treated in a humane and effective manner.

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the 1990s, the number of people with a mental health problem has increased by 50% (Mental Health Foundation 1999).

There is a growing awareness of the need to address the needs of people with mental health problems, and the importance of providing them with appropriate services. This has led to a number of initiatives, including the development of mental health services, the establishment of mental health trusts, and the implementation of mental health legislation. The aim of this paper is to review the current state of mental health services in the UK, and to discuss the challenges facing them in the future.

The paper is organized as follows. First, we discuss the current state of mental health services in the UK, including the number of people with a mental health problem, the types of services available, and the challenges facing them. Second, we discuss the challenges facing mental health services in the future, including the need to address the needs of people with mental health problems, the importance of providing them with appropriate services, and the need to address the needs of the community.

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